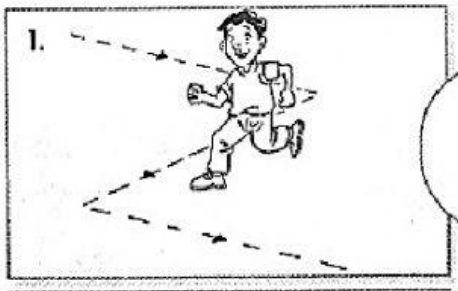
Nama: _____ Tahun 4 _____

Nyatakan aksi-aksi yang melibatkan ketangkasan yang ditunjukkan dalam gambar di bawah ini.

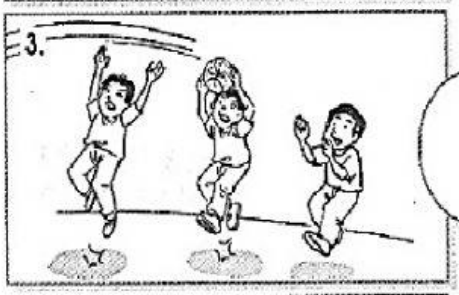
- Menggelecek bola melalui skital
- Lari secara zig-zag
- Berlari, melompat, dan menangkap bola
- Berdiri, melompat, dan menanduk

1.



2.

3.



4.

LIVEWORKSHEETS

Namakan pergerakan BUKAN LOKOMOTOR di bawah.

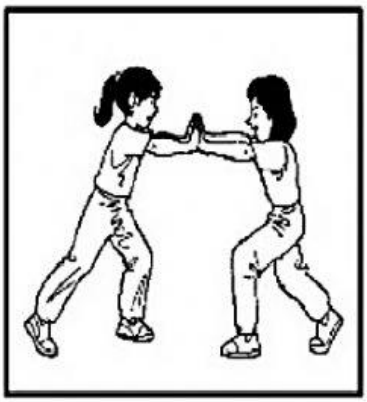
menarik dan menahan

menolak setempat

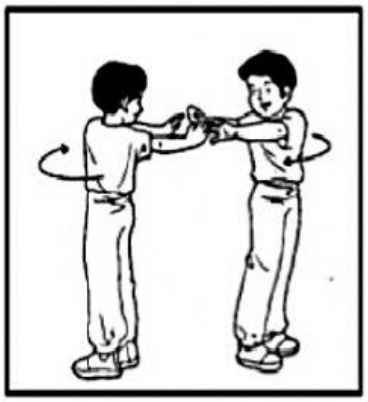
menarik setempat

mengilas dan menepuk

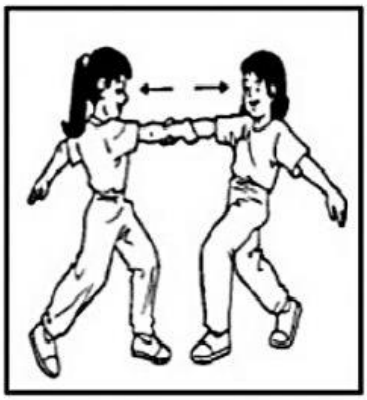
1.



2.



3.

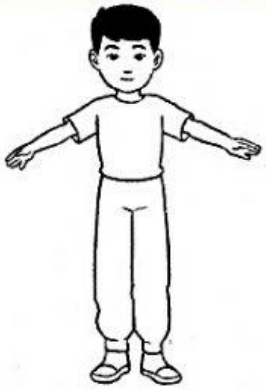


4.

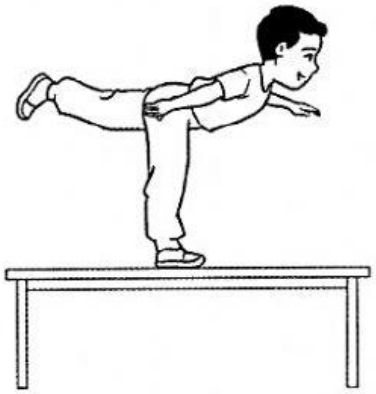
LIVEWORKSHEETS

SOKONGAN TEGUH

Namakan anggota badan yang digunakan sebagai tapak sokongan.

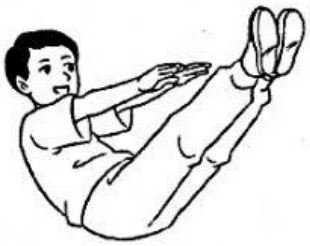


1. _____

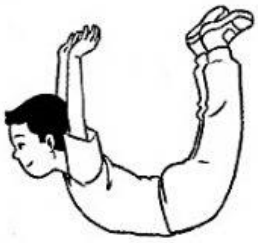


2. _____

3. _____



4. _____



5. _____

6. _____

LIVEWORKSHEETS