



PERU

Ministerio de Educación

Learning Experience 08



APRENDO
en casa

English: Level A2



LEARNING EXPERIENCE 08

Let's Change Our Lifestyle

ACTIVITY 04: Do it yourself

Competencia:

Escribe diverso tipo de texto en inglés como lengua extranjera



Propósito:

Elabora una receta saludable de un plato peruano, para promover el cuidado de nuestra salud y una mejor condición física, que podría ser publicada en Healthy Eating Research.

Capacidades:

Adecua, organiza y utiliza convenciones del lenguaje escrito de forma pertinente.

Actividades:

Observa video sobre uso de imperativos y sustantivos contable y no contables. Analiza reglas gramaticales sobre uso de quantifiers (some, any, a,an, a little, a few) Completa ejercicios de gramática, Crea receta de plato peruano con ingredientes nutritivos y saludables.



Compiled by Lic. Duverly Paulo Vilca Charaja

Taken from Aprendo en Casa Platform

LIVEWORKSHEETS



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➤ IMPERATIVES COUNT NON COUNT NOUNS EATING IN THE RESTAURANT RECIPES



➤ Grammar Zone



ENGLISH GRAMMAR

COUNTABLE AND UNCOUNTABLE NOUNS

COUNTABLE NOUNS

Have a singular and plural form
Can use a *singular* verb or a *plural* verb

We can count

→ a tree two trees
The **book** *is* old.
The **books** *are* old.

UNCOUNTABLE NOUNS

Have only one form (no plural)
Always use a singular verb
Cannot use *a*, *an* or *a number* before them

We cannot count

→ butter butters.
Sugar *is* sweet.
→ rice two rice
→ bread two bread

UNCOUNTABLE NOUNS ARE OFTEN...

ABSTRACT IDEAS (cannot touch)
love, freedom, education, luck, help, beauty, music, thunder

MADE OF SMALLER PARTS
sugar, rice, salt, sand, flour, dirt, dust, traffic, grass, spaghetti

SOME FOOD (cut into small parts)
bread, fish, cheese, chocolate, meat, bacon, food, ham

LIQUIDS & GASES
water, milk, wine, oil, coffee, rain, soup, air, smoke, blood, juice, fog

MATERIALS
wood, glass, paper, gold, silver, ice, iron, cotton, wool, steel

BE CAREFUL! (uncountable in English)
furniture, advice, work, news, information, luggage, money

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ENGLISH GRAMMAR

MUCH - MANY A LOT OF - LOTS OF

= a large quantity of something

Much and **Many** are mainly used in **negative sentences** and **questions**. They are **not** common in affirmative sentences though still possible. **Much** is used with **uncountable nouns**. **Many** is used with **plural countable nouns**.

MUCH

+ **UNCOUNTABLE NOUNS**
- I don't have **much** time.
- He doesn't need **much** money.
- Does it use **much** electricity?

MANY

+ **PLURAL COUNTABLE NOUNS**
- There aren't **many** chairs in the room.
- I don't have **many** friends.
- Do you think **many** people will go?

With **affirmative sentences**, we prefer **a lot of** instead of **much/many**. **A lot of / lots of** are **not** common in **negative sentences** or **questions**. **A lot of** can be used with **countable nouns** and **uncountable nouns**. **a lot of** = **lots of**

A LOT OF

+ **UNCOUNTABLE NOUNS**
- I need **a lot of** coffee.
(= I need **lots of** coffee.)
- There is **a lot of** traffic today.

A LOT OF

+ **PLURAL COUNTABLE NOUNS**
- She has **a lot of** friends.
(= She has **lots of** friends.)
- There are **a lot of** cars on the street.

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LIVE WORKSHEETS

A - An - Some - Any

A / AN + singular countable nouns

A + CONSONANT SOUND There is **a** bottle on the table.

AN + VOWEL SOUND There is **an** apple on the table.

SOME / ANY + plural countable nouns & uncountable nouns

+ affirmative **SOME** There is **some** cheese in the fridge.

- negative **ANY** There **isn't** **any** cheese in the fridge.

? questions* **ANY** Is there **any** cheese in the fridge?

	<small>SOME</small> SOME SOME	<small>ANY</small> ANY ANY	<small>SOME</small> ANY ANY
+ affirmative	A / AN	SOME	SOME
- negative	A / AN	ANY	ANY
? questions*	A / AN	ANY	ANY
EXCEPTIONS			
		<small>SOME</small> SOME SOME	<small>ANY</small> ANY ANY
? questions 1. offer	Would you like some ...?	SOME	SOME
? questions 2. ask for	Can I have some ...?	SOME	SOME
? questions 3. suggest	Why don't we ... some ...?	SOME	SOME

THE DIFFERENCE BETWEEN SOME & ANY IN ENGLISH

FEW - LITTLE A FEW - A LITTLE

= a small quantity; a small amount

FEW + Plural Countable Nouns

= not many; not enough; nearly no ...

A FEW + Plural Countable Nouns

= some; a small amount

LITTLE + Uncountable Nouns

= not much; not enough; nearly no ...

A LITTLE + Uncountable Nouns

= some; a small amount

FEW = NOT MANY

(FEW normally conveys a negative idea)

- He has **few** good friends. (negative idea - not enough)
- **Few** people went to the concert.
- There are **few** honest politicians.

A FEW = SOME (a small amount)

(A FEW normally conveys a positive idea)

- He has **a few** friends that will help. (positive idea - a small amount)
- I have **a few** days off next month.
- She has won **a few** awards.

LITTLE = NOT MUCH

(LITTLE normally conveys a negative idea)

- There was **little** time to finish it. (negative idea - nearly no time)
- He has **little** patience with others.
- They have **little** money to spend.

A LITTLE = SOME (a small amount)

(A LITTLE normally conveys a positive idea)

- I have **a little** milk you can use. (positive idea - a small amount)
- She has **a little** time to relax now.
- I have earned **a little** extra money.



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➤ Choose the correct alternative (some, any, no, much, many, a lot of)

1. This bag is very heavy because it has got _____ books in it.

A) a little B) a lot of C) a few

2. Mike and Rachel have got _____ friends from Asia.

A) any B) much C) a few

3. Have we got _____ milk in the fridge, mother?

A) many B) a few C) any

4. How _____ money have you got in your purse?

A) many B) any C) much

5. My mother has got _____ friends.

A) a little B) a lot of C) much

6. We have got _____ apples and _____ oranges in the fridge.

A) a little / some B) many / a little C) a few / some

7. Are there _____ children in the school garden?

A) a little B) any C) much

8. My teacher hasn't got _____ 6th grade student this year.

A) some B) any C) a few

9. Sam, _____ there _____ milk in the fridge?

A) are / any B) is / any C) is / a few

10. How _____ cheese has she got in the basket?

A) many B) much C) any

11. There are _____ English teachers at this school this year.

A) many B) much C) a little

12. We haven't got _____ toothpaste but we have got _____ toothbrushes.

A) some / some B) some / any C) any / some



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- *Remember: Tu reto: elabora una receta saludable de un plato peruano, para promover el cuidado de nuestra salud y una mejor condición física, que podría ser publicada en Healthy Eating Research.*
- *Now create your own recipe with Peruvian ingredients. Follow this example. Use Sequencers, quantifiers, Peruvian food ingredients.*

APRENDO en casa

Hello, people! Today, in our blog we are going to make a delicious and nutritious dish. Cebiche is healthy, juicy, delicious, and nutritious. It's one of the most popular dishes in Peru. In fact, to eat this unique dish you can go to an exclusive restaurant or enjoy it at home by making your own cebiche. Today we will show you how to prepare this delightful dish. These are the ingredients:



CEBICHE

INGREDIENTS

- One kilo of fish
- One red onion
- ½ kilo of lemon
- One chili pepper
- One kilo of sweet potatoes
- Salt to taste

Are you ready? Let's cook our delicious cebiche.

First, (1) _____ the fish and (2) _____ it into small squares. After that, (3) _____ the fish in a glass bowl.

Then, (4) _____ the lemons, (5) _____ them and pour the juice in a cup.

Next, cut the onions and chili pepper. (6) _____ the fish, onions and hot pepper in a glass bowl. **and then**, pour the lime juice in the bowl and (7) _____ in the lime juice for 20 minutes. While the fish is cooking, (8) _____ the sweet potatoes until they are soft.

Finally, remove the fish from the bowl and add some salt. Slice the sweet potatoes and serve with the fish.

Utiliza sequencers (First, then, next, after that, and then, finally)

YESSS!

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