Overcoming Obstacles

As individuals, we are often faced with many challenges/problems throughout life. Such challenges could include **poverty, nationality, discrimination** and **physical handicaps**. These challenges or obstacles should never stop or hinder an individual from feeling that purpose in life. Instead, these challenges should be embraced as a part of life experiences.

In the Bible, Joseph is seen as a prime example of one who was able to overcome challenges in order to fulfill his purpose. His purpose was to save Egypt from destruction during the time of famine and to consequently help his own family. He was able to fulfill his purpose because he persevered through the difficult times.

The biblical character Ruth, overcame the loss of a spouse and poverty on her way to success.

Like the biblical characters Joseph and Ruth, we must face and overcome various challenges. Here are some positive ways to handle life challenges:

- Pray to God
- Read scriptures that encourage you
- Focus on the positive things
- Seek advice when faced with difficult problems
- Rely on friends and family

It is important to remember that when you have faith in God, he will give you the strength needed in order to overcome any and all challenges or obstacles. Romans 8 verse 28 states and we know that all things work together for good to those that love God, to those who are called according to his purpose.

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Name: _____ Date: _____

Bubble in the letter next to the correct answer.

1. Which biblical character spouse died?
   (A) Joseph (B) Ruth (C) Jesus

2. Based on the passage, what is the meaning of the word **challenge**.
   (A) problem (B) embrace (C) purpose

3. *'Joseph **persevered** through difficult times'.* What theme could be used to describe Joseph's life?
   (A) Never give up on God's plan for your life.
   (B) Your family will always need you.
   (C) Don't trust your siblings.

4. Which of the following is **NOT** a way to overcome an obstacle?
   (A) Focus on people's business.
   (B) Pray to God.
   (C) Read scriptures daily.
   (D) Watch your favorite TV show.

5. List **two** challenges that individuals face.

   _____ _____

6. Complete the memory verse below.

   Romans 8:28

   For we know that _____ work together for _____ to those that love God, and are called according to his _____.

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