

## Grammar 1

### Present perfect + *for* and *since*

1 Complete the table with the time expressions in the box.

a few days a long time yesterday  
 last week many years three weeks  
 Christmas 2013

since	for
yesterday	

2 Circle the correct words.

I've loved swimming since / *for* I was four.

1 Zoe's had her skateboard since / *for* six months.  
 2 Beach volleyball has been an Olympic sport since / *for* 1996.  
 3 Our team hasn't won a match since / *for* January.  
 4 Suzie has taken part in the London Marathon since / *for* 10 years.  
 5 My dad has been a teacher since / *for* he finished university.

3 Write present perfect sentences with *for* or *since*.

I / not watch TV / yesterday.

I haven't watched TV since yesterday.

1 We / live here / many years.

2 Jack / not see / his uncle / 2013.

3 I / not eat chocolate / three weeks.

4 Isabel / be at this school / Christmas.

5 My parents / be married / a long time.

4 Complete the second sentence so that it means the same as the first. Use *for* or *since*.

I last went to the gym on Saturday.

I haven't been to the gym since Saturday.

1 We last saw Eleanor on her birthday.

We haven't seen Eleanor ......

2 Amelia last sent me a message two hours ago.

Amelia hasn't sent me a message ......

3 England last won the FIFA World Cup in 1966.

England hasn't won the FIFA World Cup ......

4 My father last beat me at chess a long time ago.

My father hasn't beaten me at chess ......

5 I last had a haircut in January.

I haven't had a haircut ......

### How long ...?

5 Read the sentences about the cyclist Bradley Wiggins. Write questions with *How long ...?*

He's liked cycling since he was 12.

How long has he liked cycling?

1 He's been a professional cyclist since he was 21.

2 His friends have called him 'Wiggo' since he was a child.

3 He's supported Liverpool Football Club for a long time.

4 He and his family have lived near Manchester for ten years.

