

7 Extreme Situations

Listening

A Read the sentences below about a race. Two of the options given fill the gap correctly. For each question, cross (X) out the option that does not fit the gap.

- 1 **competitors limits athletes**
In this race, the ____ must be extremely fit and strong.
- 2 **most challenging toughest incredible**
The event is one of the ____ in the world.
- 3 **deal with carry on cope with**
Competitors must ____ some very difficult conditions.
- 4 **hot dry windiest**
Most deserts are extremely ____ places.
- 5 **event success competition**
Only a small number of people can enter this ____.

Exam Task

You will hear some information about a race in extreme parts of the world. For each question, fill in the missing information in the numbered space.

The Four Deserts Race

- The race starts in the (1) _____ Desert, in Chile.
Length of each part of the race: (2) _____ km.
Gobi Desert: problems include strong (3) _____ and snow in the mountains.
Sahara desert: competitors find it difficult to (4) _____ because of sandstorms.
The final part of the race is in the (5) _____ desert.
Competitors can see penguins, seals and (6) _____.
Competitors sleep on a (7) _____.
Competitors run in very (8) _____ conditions.

Participants walk across a sandy pass during the Marathon des Sables. An endurance race across the Sahara Desert in Morocco

B **7.1** Practise saying the alphabet with your partner. Then listen and write down the words that are spelt.

- 1 _____
- 2 _____
- 3 _____
- 4 _____

C Read the *Exam-Close-up* and the *Exam Task*. Then look at each gap carefully and think about what information might fit.

Exam Close-up

Checking spelling

- Remember to think about what words might be missing in the gaps.
- Be careful with spelling. It's important to spell the words correctly to get a correct answer.
- If there is a repeated letter in a word, you will hear the word 'double', e.g. difficult, D- I double F- I- C- U- L- T.

D **7.2** Now complete the *Exam Task*.

E **7.2** Listen again and check your answers.

