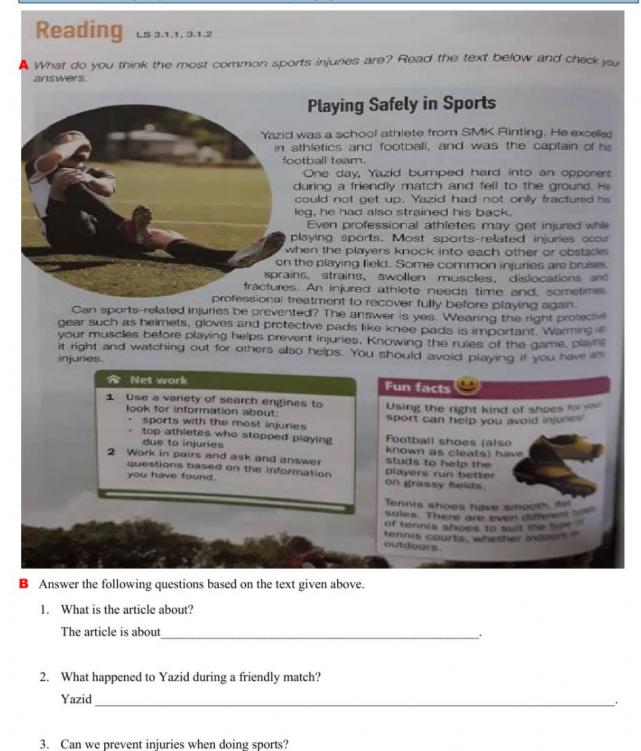
(NTB) THEME: Health and Environment TOPIC: Sports and You

(Resource: Amazing English Form 2, Oxford Fajar, page 86)



prevent injuries when doing sports.

of	article:		
in Ic	lea:		Main Idea:
	Par	agraph 3	Paragraph 4
Vhi	ch of the followi	ng is true? Mark each senten	ce with T (True) or F (False).
1	Yazid's school is SMK Rinting.		
2	Yazid was bac	l at athletics.	
3	His injuries ha	ppened during a hockey match.	
4	Yazid hit someone from the rival team by accident during		ident during a match.
5	Yazid hurt his back and leg.		
6	Professional athletes can get injured during sports.		ports.
7	Only a few sports-related injuries are caused by obstacles on the playing field.		by obstacles on the playing field.
8	A professional athlete heals faster from an injury than a normal person.		ury than a normal person.
9	Warming up your muscles before playing sports helps to prevent injuries.		rts helps to prevent injuries.
10	It is all right to	continue playing when you ha	ve an injury.
Mat	ch the words fr	om the text in Column A with	their definitions in Column B.
A			В
1.	bumped		breaks in the bones
2. opponent			blue, brown or purple marks on the skin
3. bruises			person you are playing against in a game
4.	dislocations		bones that have been put out of their normal positions (in a joint)
5.	fractures		hit by accident

