

## LISTENING PRACTICE

You are going to hear a conversation between two friends, Matt and Amy. They are talking about the things that make people happy. Read Questions 1-4 in the Listening task. Then complete the task given.

Questions 1 – 4:

*What do these experts say makes people happy?*

Choose **FOUR** answers from the box and write the correct letter, A-F, next to Questions 1 – 4:

Experts	
1	Richard Tunney .....
2	Martin Seligman .....
3	George Vaillant .....
4	Melanie Hodgson .....

  

What makes people happy	
A	having an achievable ambition
B	being on holiday
C	helping other people
D	making new friends
E	planning a trip
F	having a social life

You are going to hear the next part of the conversation between Matt and Amy. Look at questions 5 – 10 below and underline the key words in each question. Then quickly read the options.

**Questions 5–10**  
Choose **TWO** letters, A–E.

**Questions 5–6**  
*What does Amy think about personality tests?*  
Choose **TWO** things.

A They take too much time to do.  
B They are not accurate.  
C They are entertaining.  
D They are too serious.  
E They tell you unexpected things.

**Questions 7–8**  
*What **TWO** things make Amy happy?*

A being with friends  
B having time on her own  
C going out with her family  
D spending time outside  
E keeping fit

**Questions 9–10**

What **TWO** things is Matt going to do next?

- A get more information
- B go to the library
- C try to find some useful books
- D take a short break
- E ask someone for help