## LISTENING PRACTICE

**You are going to hear a conversation between two friends, Matt and Amy. They are talking about the things that make people happy. Read Questions 1-4 in the Listening task. Then complete the task given.**

Questions 1 – 4:

*What do these experts say makes people happy?*

*Choose FOUR answers from the box and write the correct letter, A-F, next to Questions 1 – 4:*

**Experts**

1 Richard Tunney .....
2 Martin Seligman .....
3 George Vaillant .....
4 Melanie Hodgson .....

**What makes people happy**

A having an achievable ambition
B being on holiday
C helping other people
D making new friends
E planning a trip
F having a social life

*You are going to hear the next part of the conversation between Matt and Amy. Look at questions 5 – 10 below and underline the key words in each question. Then quickly read the options.*

**Questions 5–10**

*Choose **TWO** letters, **A–E**.*

**Questions 5–6**

*What does Amy think about personality tests?*
*Choose **TWO** things.*

A They take too much time to do.
B They are not accurate.
C They are entertaining.
D They are too serious.
E They tell you unexpected things.

**Questions 7–8**

*What **TWO** things make Amy happy?*

A being with friends
B having time on her own
C going out with her family
D spending time outside
E keeping fit

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**Questions 9–10**

*What **TWO** things is Matt going to do next?*

**A** get more information

**B** go to the library

**C** try to find some useful books

**D** take a short break

**E** ask someone for help

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