

LISTENING PRACTICE

You are going to hear a conversation between two friends, Matt and Amy. They are talking about the things that make people happy. Read Questions 1-4 in the Listening task. Then complete the task given.

Questions 1-4:

What do these experts say makes people happy?

Choose FOUR answers from the box and write the correct letter, A-F, next to Questions 1-4:

Experts	
1	Richard Tunney
2	Martin Seligman
3	George Vaillant
4	Melanie Hodgson

What makes people happy

- A having an achievable ambition
- B being on holiday
- C helping other people
- D making new friends
- E planning a trip
- F having a social life

You are going to hear the next part of the conversation between Matt and Amy. Look at questions 5-10 below and underline the key words in each question. Then quickly read the options.

Questions 5-10

Choose TWO letters, A-E.

Questions 5-6

What does Amy think about personality tests?
Choose TWO things.

- A They take too much time to do.
- B They are not accurate.
- C They are entertaining.
- D They are too serious.
- E They tell you unexpected things.

Questions 7-8

What TWO things make Amy happy?

- A being with friends
- B having time on her own
- C going out with her family
- D spending time outside
- E keeping fit

Questions 9–10

*What **TWO** things is Matt going to do next?*

- A** get more information
- B** go to the library
- C** try to find some useful books
- D** take a short break
- E** ask someone for help