



LEARNING EXPERIENCE 08



Let's Change Our Lifestyle

ACTIVITY 03: Peruvian Recipe

Competencia:

Se comunica oralmente en inglés como lengua extranjera

Propósito:

Reconoce los pasos de una receta y completa espacios en blanco con palabras adecuadas

Capacidades:

Obtiene, infiere e interpreta, adecua y organiza ideas de forma coherente y cohesionada.



Actividades:

Relaciona pasos para preparar un plato con imágenes. Escucha texto oral y completa espacios en blanco. Realiza actividad de comprensión haciendo uso de sequencers(first, then, next, after that, finally). Observa video sobre preparación de plato peruano. Reconocer nuevo vocabulario.

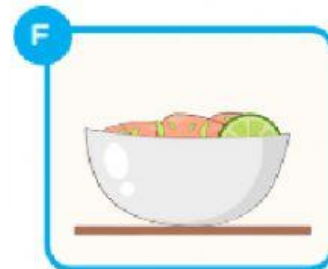
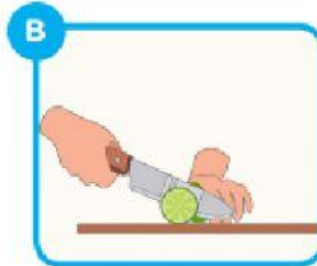




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Activity 3: Peruvian recipe! LEAD IN!

Match the pictures and phrases.



cook the fish in the
lime juice

dice the fish into
small pieces/squares

wash the fish

cut the limes in
half

squeeze the limes

boil the sweet
potatoes

LET'S PRACTICE!

LISTENING COMPREHENSION

PRACTISE-EXERCISE 1

Listen to and complete the recipe.

Hello, people! Today, in our blog we are going to make a delicious and nutritious dish.

Cebiche is healthy, juicy, delicious, and nutritious. It's one of the most popular dishes in Peru. In fact, to eat this unique dish you can go to an exclusive restaurant or enjoy it at home by making your own cebiche. Today we will show you how to prepare this delightful dish. These are the ingredients:



CEBICHE

INGREDIENTS

- One kilo of fish
- One red onion
- ½ kilo of lemon
- One chili pepper
- One kilo of sweet potatoes
- Salt to taste



Are you ready? Let's cook our delicious cebiche.

First, (1) _____ the fish and (2) _____ it into small squares. After that, (3) _____ the fish in a glass bowl.

Then, (4) _____ the lemons, (5) _____ them and pour the juice in a cup.

Next, cut the onions and chili pepper. (6) _____ the fish, onions and hot pepper in a glass bowl, **and then,** pour the lime juice in the bowl and (7) _____ in the lime juice for 20 minutes. While the fish is cooking, (8) _____ the sweet potatoes until they are soft.

Finally, remove the fish from the bowl and add some salt. Slice the sweet potatoes and serve with the fish.



PRACTISE-EXERCISE 2

Complete the steps of a recipe.

Finally

Then

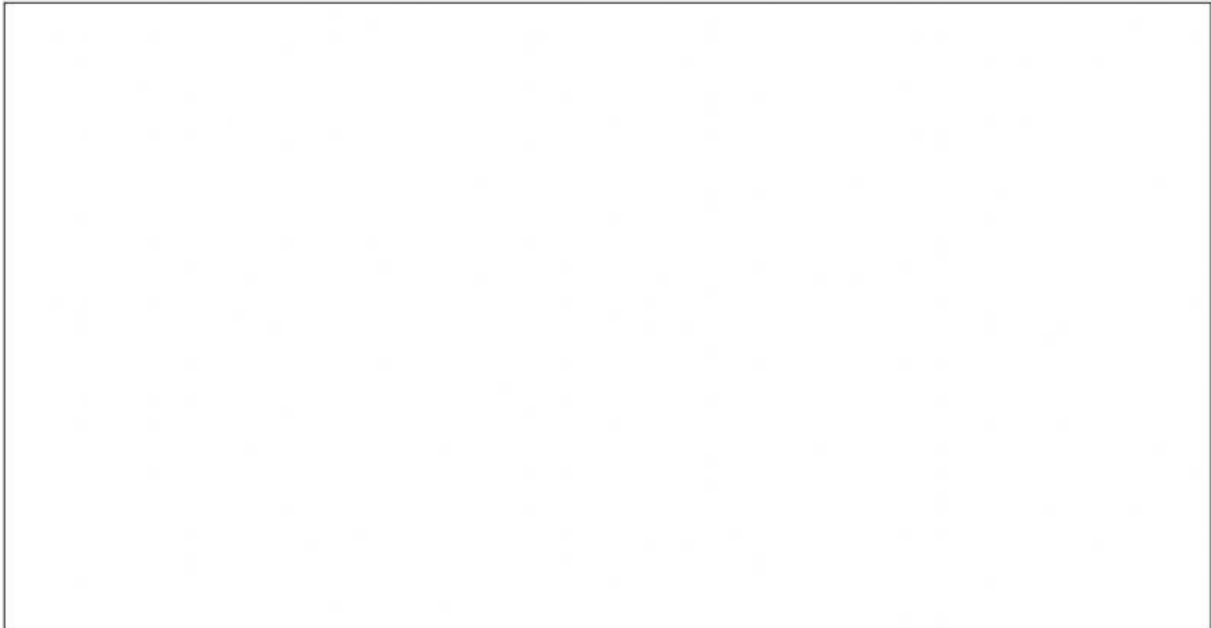
And then

Next

First

1. First, beat the eggs. Use two or three eggs per omelette.
2. _____, melt a piece of butter in a pan for each omelette.
3. _____, add the eggs to the pan.
4. _____, cook them for a couple of minutes.
5. _____, fold it and serve it in a plate.

- NOW LET'S WATCH A VIDEO ABOUT PERUVIAN GREEN RICE RECIPE | FULL OF HERBS & VEGGIES



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GLOSSARY



INGLÉS	CASTELLANO
1. blood	sangre
2. dice	cortar en dados
3. diseases	enfermedades
4. eating healthy	comer saludable
5. immune system	sistema inmunológico
6. lime juice	jugo de limón
7. recipe	receta
8. squeeze	exprimir
9. superfoods	superalimentos
10. to come up with	pensar una idea
11. couple of minutes	un par de minutos





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➤ *NOW LET'S REFLECT*

1. ¿Puedo reconocer el vocabulario para dar indicaciones en una receta en inglés?

SÍ - NO

2. ¿Puedo identificar el uso y significado de conectores de secuencia en una receta?

SÍ - NO

