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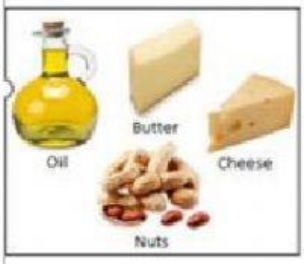
10TH SCIENCE 2ND QUIMESTER 1ST PARTIAL QUIZ

SCHOOL YEAR 2021-2022

STUDENT'S NAME:	
COURSE:	**10th Isidro Ayora**
TEACHER:	**LOURDES VELEZ**
DATE:	**Friday, October 29th , 2021**

1.- MATCH EACH GROUP OF FOOD WITH THE NUTRIENTS THAT EACH ONE CONTAINS.

(2 MARKS)



carbohydrates

fats

proteins

vitamins and minerals







2.- MATCH WORDS WITH THEIR DEFINITIONS.

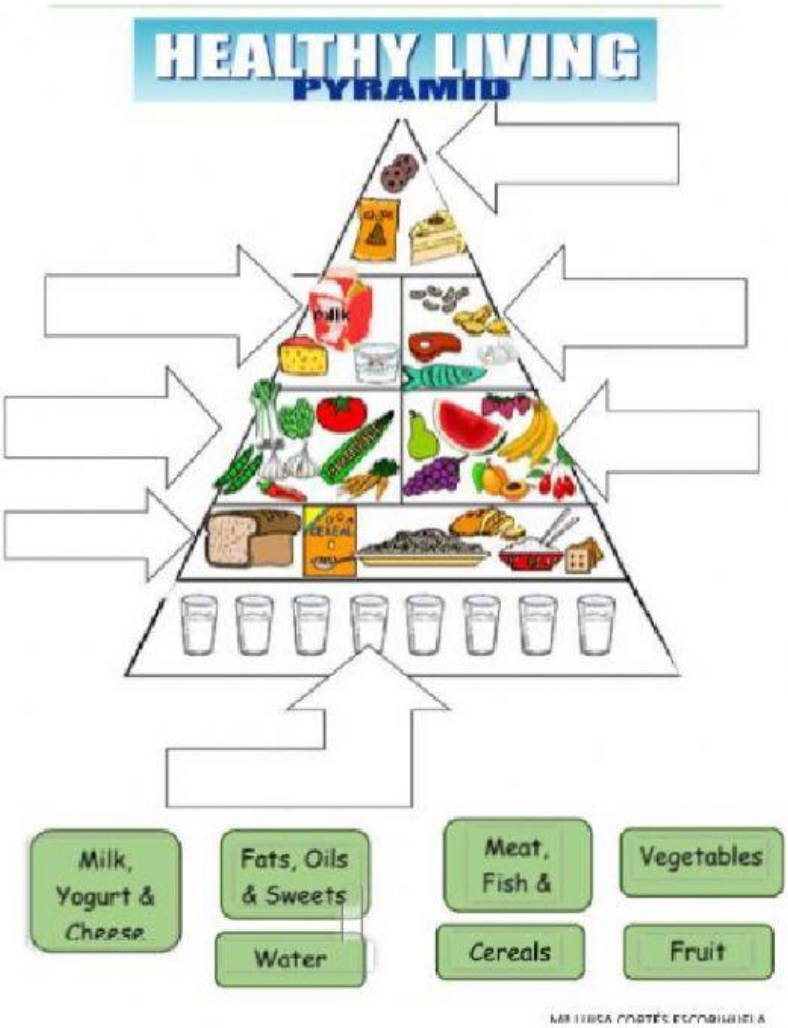
VOCABULARY

1. Nutrition	**A)** The sum of food consumed by a person or other organism
2. Nutrient	**B)** increase in the size and amount of fat cells in the body.
3. Diet	C) the study of nutrients in food
4. Overweight	**D)** a substance that is needed for healthy growth

LIVEWORKSHEETS

3.- DRAG EACH FOOD GROUP WHERE CORRESPOND IN THE FOOD PYRAMID.

(2 MARKS)



4.- CLASSIFY THE FOOD AND DRINK IN THE TABLE BELOW. (2 MARKS)

fish	*pasta*	*apple*	*milk*	*cereal*
ham	*sweets*	*chocolate*	*cheese*	*carrots*

Fruit and vegetables	***Bread and cereals***	***Milk and dairy***	***Meat and fish***	***Sugary foods***

LIVEWORKSHEETS

5.- COMPLETE THE TEXT ABOUT NUTRIENTS. (2 MARKS)

Nutrients	*Carbohydrates*	*Proteins*	*Fats*	*mineral*
Vitamins				

(a) .....in our food keep us healthy, help us grow and give us energy.
(b) .....are for our health.

Calcium is an important(c) .....which we need for strong and healthy bones and teeth.

(d)..... are in meat and fish and they are for our growth.
(e) .....give us energy.

(f) .....give us energy, too, but we only need a little of these.

LIVEWORKSHEETS