



Name: _____ Group: _____ Date: 26/10/2021



Activity 2: Peruvian Superfoods



Goal - Propósito: Identifica información en una entrevista acerca de productos nutritivos.



Unscramble the words and match them with the pictures. - Ordena las palabras, escríbelas correctamente en el recuadro y escribe el número en la imagen correcta.



flour



OBSERVA EL CUADRO

COUNTABLE NOUNS (alimentos que se pueden contar; tienen singular y plural)		UNCOUNTABLE NOUNS (alimentos que NO se pueden contar fácilmente; no tienen singular ni plural)
SINGULAR	PLURAL	
a carrot	some carrots	some quinoa
an onion	some onions	some rice

- A - an = un/uno/una
- A se utiliza antes de una palabra que inicia con CONSONANTE
- An se utiliza antes de una palabra que inicia con VOCAL

- Some = algunos/as, un poco de
- Se utiliza antes de las palabras en PLURAL y antes de UNCOUNTABLE NOUNS.



Complete the sentences with **A**, **AN** or **SOME**. - Completa las oraciones con **A**, **AN** o **SOME**.

Example: I buy **an** orange and **some** milk for my breakfast. I need **some** eggs for lunch.

- I'm hungry. I want to eat _____ bread and drink _____ glass of juice.
- We have _____ lemons, _____ carrot, and _____ rice on the table.
- I have to buy _____ apple, _____ wheat flour, and _____ quinoa for lunch.
- I want _____ cheese and _____ fish, mum.
- They need _____ grains, _____ tomato, and _____ onion.



Complete the text with **A**, **AN** or **SOME**. - Completa el texto con **A**, **AN** o **SOME**.

At home, we usually eat healthy food to prevent diseases. I'm in charge of buying groceries, for this reason I looked for some information about healthy food. Last time I went to the market, I bought (1) _____ carrots, tomatoes, onions and (2) _____ head of lettuce.

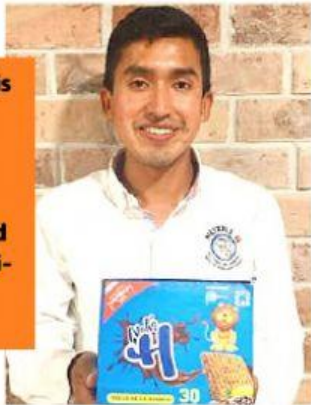


About fruit I got (3)_____bananas, oranges and apples. I usually eat (4)_____ apple every morning. Tubers and grains are also important, so I bought (5)_____ kilo of potatoes, sweet potatoes and (6)_____ quinoa and wheat flour.



Listen to Julio Garay's interview and write T (true) or F (false). Escucha la entrevista a Julio Garay y escribe T (verdadero) or F (falso).

Julio Garay is a Peruvian agro-industrial engineer who created Nutri H, anti-anemia cookies.


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1. Peruvian people didn't support Julio's idea on the web.
2. Nutri H are cookies made of superfoods.
3. Nutri H fights anemia.
4. Wheat flour, chocolate and sugar are some ingredients for the cookies.
5. Blood is the most important ingredient for the cookies.
6. Julio didn't suffer anemia.
7. Julio thinks eating healthy is important

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Listen the interview and complete the paragraph. – Escucha la entrevista y completa el texto

young – children – university – anemia – mother – cookie – chicken – Peru

When I was young, I suffered from _____. My _____ gave me _____ blood to help me. Anemia is a common disease in Ayacucho, where I am from, and throughout _____. When I was studying at the _____, I decided to work on creating a _____ that could decrease anemia levels in _____.



Label the pictures. Check the healthy foods - Escribe la palabra debajo de la imagen correcta. Marca con un / si el alimento es saludable(healthy)

a bottle of soda – a slice of pizza – a packet of wheat flour – a bar of chocolate – a kilo of potatoes – a can of tuna – a dozen of eggs – a bag of candy – a piece of cheese – a carton of milk

