READING 8th grade

Name: ..... **Class:** .....

How calm is your room?

A Feng Shui is the Chinese art of creating rooms that are calm and have positive energy. It's very old, but some people think that it has a place in the modern world. For example, think about your bedroom. Do you keep your video console or your laptop there? Well, according to the ideas of Feng Shui, that's probably a bad idea because you are destroying positive energy. If you want to have a bedroom with good energy, try these ideas.

B First of all, your bed needs to be in the right place. In particular, you must have space on both sides of your bed. It's also important that your bed is not directly opposite the door. Colours are another important element in Feng Shui. For bedrooms, the colours of the human skin are especially good. This means colours such as white, or light or dark brown, but no green or orange or bright yellow!

C You will also need to think about the lighting in your bedroom, as Feng Shui considers that light is our principal source of energy. Candles are very good to use but they can be dangerous; and it's also important to make sure that you aren't using toxic candles.

D So why not think about using some principles of Feng Shui in your bedroom? You never know, the results may surprise you!

1 **Read the first paragraph only. Choose the correct answer: a, b or c.**

1 The objective of Feng Shui is to
- a create rooms which are practical.
- b create rooms where you can work.
- c create rooms which are quiet.

2 Video consoles are not good objects in bedrooms because
- a video games create negative energy.
- b they ruin positive energy.
- c they are ugly.

2 **Read the rest of the text. Match the headings (1–4) with the paragraphs (A–D).**

1 Time for a change .....
2 Beds and colours .....
3 The right light .....
4 What is it? .....

3 **Choose the best options.**

1 Your bed needs to *be big / have space*.
2 Beige is a *better / worse* colour than red.
3 You *can / must* use candles.
4 It's a(n) *interesting / bad* idea to experiment with Feng Shui.

4 **Are the statements true (T) or false (F)?**

1 Feng Shui is a new idea from China. .....
2 In Feng Shui some objects can ruin the positive energy. .....
3 Your bed shouldn't be in a corner of the room. .....
4 Bright colours are best. .....
5 You must be careful if you use candles. .....

5 **Choose the correct meaning for the words: a, b or c.**

1 keep (paragraph A)
a have b use c clean

2 element (paragraph B)
- a part of
- b kind of furniture
- c space

3 candle (paragraph C)
- a a light using fire
- b an electric light
- c a light from the sun

LIVEWORKSHEETS