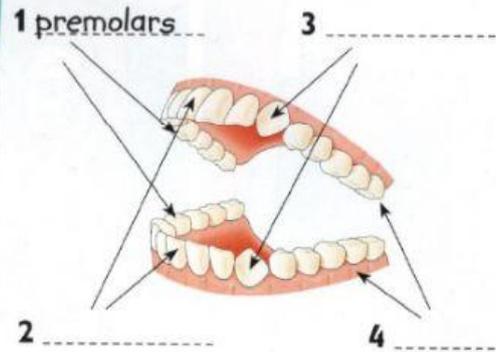


2 Read and label the diagram.

Our different teeth

We have four kinds of teeth which do different things:

- We have eight **incisors** at the front of our mouths. They're the sharpest teeth because they cut our food.
- The four **canine** teeth are next to the incisors. They hold and tear food so they have very long roots.
- Our eight **premolars** are behind our canine teeth. We use them to chew food so premolars are flatter on the top.
- The **molars** are at the back of our mouths. Molars are much bigger than the premolars. Their job is to chew food into smaller pieces so it can be swallowed.

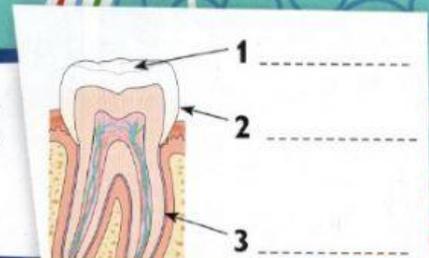


3 Match the sentences with the picture.

Tooth structure

A tooth has two parts: the crown and the root.

- 1 The **crown** is the part we can see when we smile or open our mouth.
- 2 We can't see the **root** because it is in the gums. It is about two-thirds of the tooth's total length.
- 3 The hard white part that covers the outside of the tooth is called the **enamel**.



4 Read and complete.

healthy between finish
after mustn't before hungry
brush dentist better

Tooth care

To have healthy teeth and gums, you must:

- 1 brush your teeth every day after meals and _____ bed.
- 2 eat a good diet. You _____ eat sugary foods _____ meals. If you are _____, eat an apple, banana or carrot. Don't drink lemonade. Drink milk! If you eat between meals, _____ your teeth when you _____.
- 3 visit the _____ twice a year. A dentist can clean your teeth _____ than you, so that your mouth is _____.

5 Read and order the text.

How to brush your teeth

- To finish, rinse out your mouth with water.
- Always start and finish in the same place in your mouth. A good place to start is the outside of the back molars, which need the most time and brushing. All of that should take two minutes.
- 1** Brushing your teeth is very important. It cleans your teeth and gums, and helps against cavities. Then repeat all of this on your bottom teeth.
- 6** Lastly, don't forget the top of your mouth and your tongue.
- Next brush the inside of your teeth and gums using the same circular movement.
- When you finish the inside and outside of your top teeth, quickly brush along the chewing part of your teeth.
- 3** Gently brush the back molars and gums using a small circular movement. Then move slowly around your mouth brushing all your teeth.

