

Match each word (1-8) with its definition (a-h).

1 value	a worried; not able to relax
2 (have an) influence	b dealt with, had experience of
3 stressed	c get (something positive)
4 handled	d be grateful for
5 selfish	e a well-known phrase giving advice
6 gain	f caring only about yourself and not other people
7 proverb	g (have an) effect (on)
8 appreciate	h believe something is important