Muscular System

How many muscles are there in the adult human body?_____

What is the main job of the muscles?

_____

Name the three main types of muscle.

_____

_____

_____

Describe the difference between voluntary and involuntary muscles.

_____

_____

Which muscle is the strongest muscle in the human body?

_____

Describe the two ways that muscles work

_____

_____

What two things work together to make the muscular system?

_____

_____

Give one example of a way in which we can care for our muscular system.

_____

_____

LIVEWORKSHEETS