LET´S CHANGE OUR LIFESTYLE

ACTIVITY 02: PERUVIAN SUPERFOODS

Look at the pictures and choose HEALTHY PRODUCTS (HP) or UNHEALTHY PRODUCTS (UP)



MY HEALTHY SHOPPING LIST

- [ ] a carton of milk
- [ ] a bottle of soda
- [ ] a bag of candies
- [ ] a packet of wheat flour
- [ ] a kilo of potatoes
- [ ] a dozen of eggs
- [ ] a slice of pizza
- [ ] a can of tuna
- [ ] a piece of cheese
- [ ] a bar of chocolate

LIVEWORKSHEETS