

1)

Identify which of the items below is a bandage and which is a dressing.



2)

Look at the action steps you should take when applying a tourniquet. In the table below, write the steps in the correct order.

1	
2	
3	

Tighten it using the
windlass.

Wrap the strap around
5cm above the wound.

Make a note of the time
when it was applied.

Assess the scene for dangers.	Be careful that it is not too tight.	Tuck the bandage in at the end to secure.	Wear protective gloves.
Apply direct pressure to the cut with a dressing.	Ask for permission and get a first aid kit.	Start bandaging from below the gauze.	Wrap until the wound and gauze are fully covered.

Look at the action steps you should take when dealing with a large cut. In the table below, write the steps in the correct order.

1	
2	
3	
4	
5	
6	
7	
8	