



Growth Mindset

You can train your brain to think differently and focus on not giving up!
Your task is to cut the strips of thinking and paste each one on either 'What I SHOULD Think' or 'What I SHOULD NOT Think.'

What I SHOULD Think	What I SHOULD NOT Think

I will not give up and keep working hard.	I will have a go even if I'm not sure.	I can't do the work.
I'll find another way to do this.	I give up because I can't do it.	It is too hard and tough.
I want to only do things that are easy for me.	I'll ask for help if I'm not sure.	I believe in myself.

