

ACTIVITY 4

NAME: _____

Direction: Click 👍 if it helps you gain self-confidence. Click 👎 if it's not.



1. I will believe in myself



2. I will stay at my room and play video games all day.



3. I will prove to them that I can do things on my own.



4. I will practice to improve my skills and talents.



5. I will not approach my classmates because I'm shy.