

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

### DISEASES OF THE CIRCULATORY SYSTEM

1. Answer these TRUE and FALSE statements about circulatory system diseases from the notes on your PowerPoint entitled: **Diseases of the Circulatory System 2020.**

- a. Hypertension is abnormally high blood pressure. \_\_\_\_\_
- b. If your heart is beating faster or slower than normal, you may have an arrhythmia. \_\_\_\_\_
- c. You should only wait till you are an adult to start caring about the health of your heart. \_\_\_\_\_
- d. A pain on the right side of your chest signals a possible heart attack. \_\_\_\_\_
- e. When determining if a person is having a stroke, follow the acronym BE FACE. \_\_\_\_\_
- f. There are many symptoms of hypertension e.g. loss of hearing. \_\_\_\_\_
- g. A blockage of cholesterol and fat in the arteries is called a plaque. \_\_\_\_\_
- h. A stroke only damages the entire brain or not at all. \_\_\_\_\_
- i. Exercising can lead to circulatory system diseases. \_\_\_\_\_
- j. Everyone, including you, has blood pressure. \_\_\_\_\_

2. Research the answers to these TRUE and FALSE statements about circulatory system diseases. **SURPRISING...**

- a. During a heart attack, the heartbeat goes to zero. \_\_\_\_\_
- b. Heart attacks kill more men than women. \_\_\_\_\_
- c. By reducing your salt and fat intake you can reduce risks to your heart. \_\_\_\_\_
- d. Circulatory diseases only affect the elderly. \_\_\_\_\_
- e. Low doses of aspirin can help to prevent another heart attack. \_\_\_\_\_
- f. Obesity is the biggest cause of heart attack. \_\_\_\_\_
- g. Heart disease kills more women than breast cancer. \_\_\_\_\_
- h. Red wine in moderation can lower your chances of heart disease. \_\_\_\_\_
- i. A non-smoker cannot get high blood pressure. \_\_\_\_\_
- j. Vegetarians never have circulatory diseases. \_\_\_\_\_