

ACTIVITY # 1: FOOD LABEL

Identify the food label of each picture. Choose your answer inside the box. Write your answer on the space provided.

PRODUCT NAME	Nutritional Facts	Manufacturer	Expiration Date	Net Weight

ACTIVITY # 2: WHAT ARE FOOD LABELS?

Give the meaning of the Food labels. Write the letter before the numbers.

- ___ 1. Nutritional Facts
- ___ 2. Date of Marking (Expiry and best before dates)
- ___ 3. Net Weight
- ___ 4. Product Name
- ___ 5. Manufacturer-

- A. Name of product.
- B. Company who made the product.
- C. Date that the product must be consumed.
- D. Set how many grams/liters does the food/drink have.
- E. It provide detailed information about the food's nutrient content.