

PGGMB YEAR 1 SCIENCE

Name: _____

Date: _____

Year 1 Excellent

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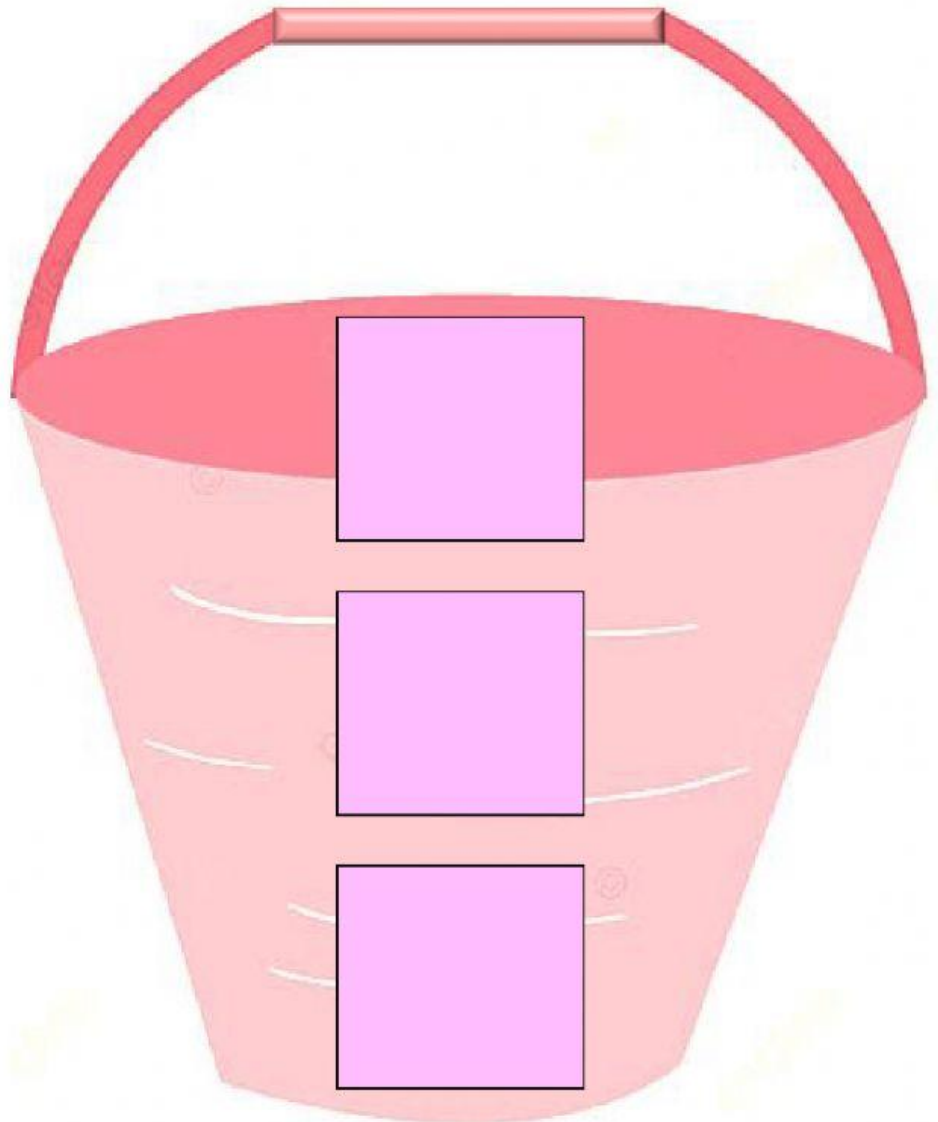
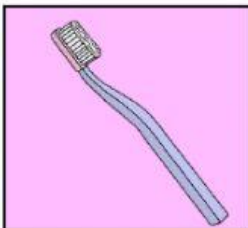
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UNIT 5. STAYING HEALTHY

HOW TO CLEAN TEETH

A. Look at each picture and choose 3 things we need to clean our teeth into the bucket.



B. Steps how to brush our teeth:

CIRCULAR

UP-AND-
DOWN

TONGUE

CHEWING

TOOTHPASTE

RINSE

	1. Use a pea-sized amount of .
	2. Brush the outer surface in motion.
	3. Brush the outer and inner surfaces in motion.
	4. Brush the surfaces of all teeth.
	5. Brush the using up-and-down strokes.
	6. Spit out the toothpaste and with water.