

READING PASSAGE 1

VOCABULARY

Activity 1. Find the missing letter to complete the following words.

We_ther F_rec_st

Obs_rv_

R_li_ble

Pr_mit_ve

Pr_dicti_n

P_tt_rn

Activity 2. Match the words with the correct meanings.

Weather forecast

Nguyên thủy

Primitive

Sự dự đoán

Observe

Mẫu

Prediction

Đáng tin cậy

Reliable

Dự báo thời tiết

Pattern

Quan sát

Activity 3. Complete the table.

	Dự báo thời tiết
Primitive	
	Quan sát
Prediction	
	Đáng tin cậy
Pattern	

READING PASSAGE

Weather Forecast

While the technology we use today to provide weather forecasts is new, the study of weather patterns is as old as the hills as mankind has always been dependent on weather. In primitive civilizations, hunters, warriors, farmers and shepherds alike would look to the gods in the sky as the force behind the weather. Often the priests of these gods would enjoy high status and considerable power in the belief they could influence the gods to provide the right weather conditions by performing a rain dance or even, in the case of the Aztecs, commanding a human sacrifice. The actual forecasting methods usually relied on observed patterns of events, also termed pattern recognition. For example, if the sunset was particularly red, the following day often brought fair weather. This form of weather lore, which was passed from one generation to the next, has not entirely disappeared as is evidenced by such sayings as "red sky at night, shepherds' delight". However, not all of these predictions proved reliable, and many of them have since been found not to stand up to rigorous statistical testing by meteorologists today.

EXERCISE

Complete the summary below by choosing NO MORE THAN THREE WORDS from the passage for each answer.

Early societies used to predict the weather by noting 1. Although this body of knowledge was not completely 2. in making forecasts, it was more accurate than performing a rain dance.

READING PASSAGE 2

VOCABULARY

Activity 1. Choose the words from the list and write under the corresponding pictures.

Ferry terminal

Attraction

Public transit

Accessible

Baby strollers

Low-floor



Activity 2. Complete the table.

	Có thể tiếp cận
Ferry terminal	
	Điểm tham quan
Public transit	
	Tầng thấp
Baby strollers	

● READING PASSAGE

Victoria Explore

Be an Explorer

The charm of the Victoria region holds many different and unique landscapes. The farmlands of the Saanich Peninsula complement the old English setting of Oak Bay Village. The marine viewpoints of Esquimalt Harbor together with the dramatic scenery of the Sooke Hills embrace the city of Victoria. Get onboard our comfortable buses, enjoy the sights and neighborhoods and let our bus drivers - the best in the west - show you around.

Victoria Regional Transit

The Victoria by Bus guidebook lists many attractions which are served by our buses - but there are lots more within walking distance of the bus routes. Buses run seven days a week, usually from 6 a.m. until midnight. Many of our suburban routes cannot offer the high frequency as some of our busier urban routes. The transit system serves all ferry terminals (Sidney, Swartz Bay, Ogden Point and downtown).

Accessible Transit

Getting around Victoria on public transit has never been easier for people with a disability. Low-floor accessible buses feature the absence of steps making it easier for everyone to use, especially people using wheelchairs, walkers or pushing baby strollers. The entry level of the bus can be lowered to within four inches of a standard sidewalk so that a ramp can be used for people in wheelchair

● EXERCISE

Complete the summary below by choosing NO MORE THAN THREE WORDS from the passage for each answer.

guidebook	ferry terminals	customer	low-floor
schedules	attractions	information	baby strollers

The charm of the Victoria region holds many different and unique landscapes, such as Saanich Peninsula, Oak Bay Village, Esquimalt Harbor and the Sooke Hills. In the Victoria by Bus guide-book, you will find lots of 1. which can be reached by buses and with regional buses, you can also get to all 2. like Sidney and Swartz Bay. 3. buses enable people on wheelchairs and people with 4. to travel easily.

READING PASSAGE 3

VOCABULARY

Appraise	Đánh giá
Bothersome	Hiệu trưởng
Interpretation	Đổ mồ hôi
Perspire	Phiền hà
Principle	Tác nhân gây áp lực
Stressor	Cách giải thích

Activity 2. Which of the following choices is closest in meaning to the underlined word?

A. stressful situation B. negative events C. positive events

5. This process of interpretation is called appraisal.
 A. seeing B. understanding C. thinking

6. You know how your heart beats faster, you perspire more heavily, and your words do not come out right when you are placed in a stressful situation.
 A. sweat B. breathe C. run

Activity 3. Complete the table.

	Đánh giá
Bothersome	
	Cách giải thích
Perspire	
	Hiệu trưởng
Stressor	

● READING PASSAGE

What Is Stress?

Most people would say they know what stress is. But for scientists who study stress, it has been surprisingly hard to define. This is because there are so many ways of looking at stress.

Some researchers have studied how our bodies react to stress. You know how your heart beats faster, you perspire more heavily, and your words do not come out right when you are placed in a stressful situation. But knowing how we feel when we experience stress does not explain it; nor does it tell us what causes it.

Other scientists have looked at stressors: events or situations that produce stress. A deadline, a poor test performance, or bothersome noises all may be thought of as stressors. Even pleasant events can be stressors. Planning a party or starting a new job can be just as stressful as being called to the principal's office.

Stress, then, can be caused by both negative and positive events, or stressors. Of course, whether an event is thought of as positive or negative is, in some ways, a matter of personal choice.

In sum, it is the way people interpret an event that makes it stressful or not stressful. This process of interpretation is called appraisal. Depending on how people appraise, or judge, circumstances, they may or may not consider them stressful.

EXERCISE

Complete the summary below by choosing NO MORE THAN THREE WORDS from the passage for each answer.

It is hard for the scientists to define the word 1 because there are many ways of looking at it. Your body reacts to stress with a fast-beating heart, heavy perspiration and so on when you are in 2 3 refer to events or situations that produce stress and they may even include 4 such as 5 and starting a new job. In general, stress can be caused by both negative and positive events.

READING PASSAGE 4

VOCABULARY

Activity 1. Find the missing letter to complete the following words.

B_lingu_I

P_rson_lity

D_ff_rent

St_dy

Bic_ltur_I

Ch_ng_

Activity 2. Match the words with the correct meanings.

Bilingual	Nghiên cứu
Study	Thay đổi
Personality	Song ngữ
Different	Nhân cách
Bicultural	Có hai nền văn hóa
Change	Khác nhau

Activity 3. Complete the table.

	Song ngữ
Study	
	Nhân cách
Different	
	Có 2 nền văn hóa
Change	

● **READING PASSAGE**

Bilinguals and personality

Many people believe that bilinguals have two different personalities, one for each of the languages they speak, and that switching between languages makes bilinguals act differently. Although this may seem unbelievable to some, research actually supports this idea.

According to various studies, bilinguals who are also bicultural and are actively involved in both of their cultures, interpret situations differently depending on which language they speak in. Although everyone, monolinguals and bilinguals alike, is able to change the way

they feel and interpret events (a phenomenon known as frame-shifting), biculturals do this without realizing when switching between languages.

The changes are not only linguistic. As an English-Spanish bicultural myself I do find I act differently depending on which culture I'm immersed in at the time. I'm often aware of the fact that when I speak to other Spanish speakers my voice is slightly louder and I gesticulate more than when I talk to English speakers. Could we then say that bilinguals have two different personalities?

EXERCISE

Complete the summary below by choosing a word from the list below for each answer.

evidence	personality	characteristics	body
distinct	surroundings	facts	adapt

There is some 1 to show that people who are bilingual exhibit a different 2 depending on which language they are speaking. Some bilinguals also have two 3 cultural identities, meaning that they are able to 4 their behaviour effortlessly according to their cultural surroundings. This may involve changes in volume of speech or in the use of body language.

HOMEWORK

EXERCISE 1

Educating Our Mobile Children

One of the greatest concerns parents have when facing an international move is "What schooling will be available to my child? Will my child be disadvantaged academically as a result of this move?" Although this fear is certainly strongest in families moving overseas for the first time, even those who may be more experienced often have concerns about their children's education.