



Body and Illness



How can I keep
my body healthy?

1 Read and circle T (true) or F (false).

1. Noninfectious diseases can be passed from one person to another. T / F
2. An allergy is caused by your immune system being too sensitive. T / F
3. Allergies are never very serious. T / F
4. Asthma causes your airways to open up. T / F

2 Label each either A (allergen) or P (pathogen).

flu virus tobacco smoke dust *Salmonella* bacteria

3 Fill in the blanks.

sugar exercise noninfectious
develop type 2 type 1

Diabetes is a _____ disease because it is not caused by a pathogen. When someone has diabetes, they have too much _____ in their blood. If you are born with diabetes, you have _____ diabetes. People can _____ type 2 diabetes if they don't eat well or get enough _____. More and more people are getting _____ diabetes because they drink too much soda pop and eat too many sugary foods.