

1. Read the passage and choose T/ F or NI

Water sports are as challenging as they are fun. Although water sports are not as popular as basketball or football, activities such as parasailing, water skiing, water polo, wakeboarding, jet skiing and competitive swimming interest many people. All water sports have an element of danger involved, which is why it is important to follow these safety tips before you dive in.

Step 1: Learn how to swim. Sure, it seems obvious, but it is also extremely important. Do not even think about skiing, tubing, wakeboarding or water polo if you cannot stay afloat in water deeper than your height.

Step 2: Check your equipment and your life safety tools. Count your life vests and have floatation devices nearby. If you are engaging in a sport that requires a lot of equipment, such as wakeboarding, go over every piece to ensure proper functioning.

Step 3: Be physically fit. Put your pride aside and get in shape. Most water sports are incredibly strenuous and require the player to have physical endurance. It can be dangerous to participate in a water sport, such as water skiing or wakeboarding, when your body isn't ready.

Step 4: Save the tricks for the professionals. If you are an amateur, do not attempt water sport tricks. It is tempting to push to the next level with sports like skiing and sailing, but train heavily first.

Step 5: Recruit a spotter. When you do water sports, always have an extra person on hand to spot for you. This includes indoor sports like water polo, diving and competitive swimming.

1. Water sports are much more popular than basket ball and football.
a. True b. False c. NI
2. Sometimes it is dangerous to play a water sport.
a. True b. False c. NI
3. The first thing you have to do is to learn how to swim if you want to take up a water sport.
a. True b. False c. NI
4. You need to have a boat right beside all the time if you want to take up a water sport.
a. True b. False c. NI
5. There are tricks which amateur players cannot play.
a. True b. False c. NI