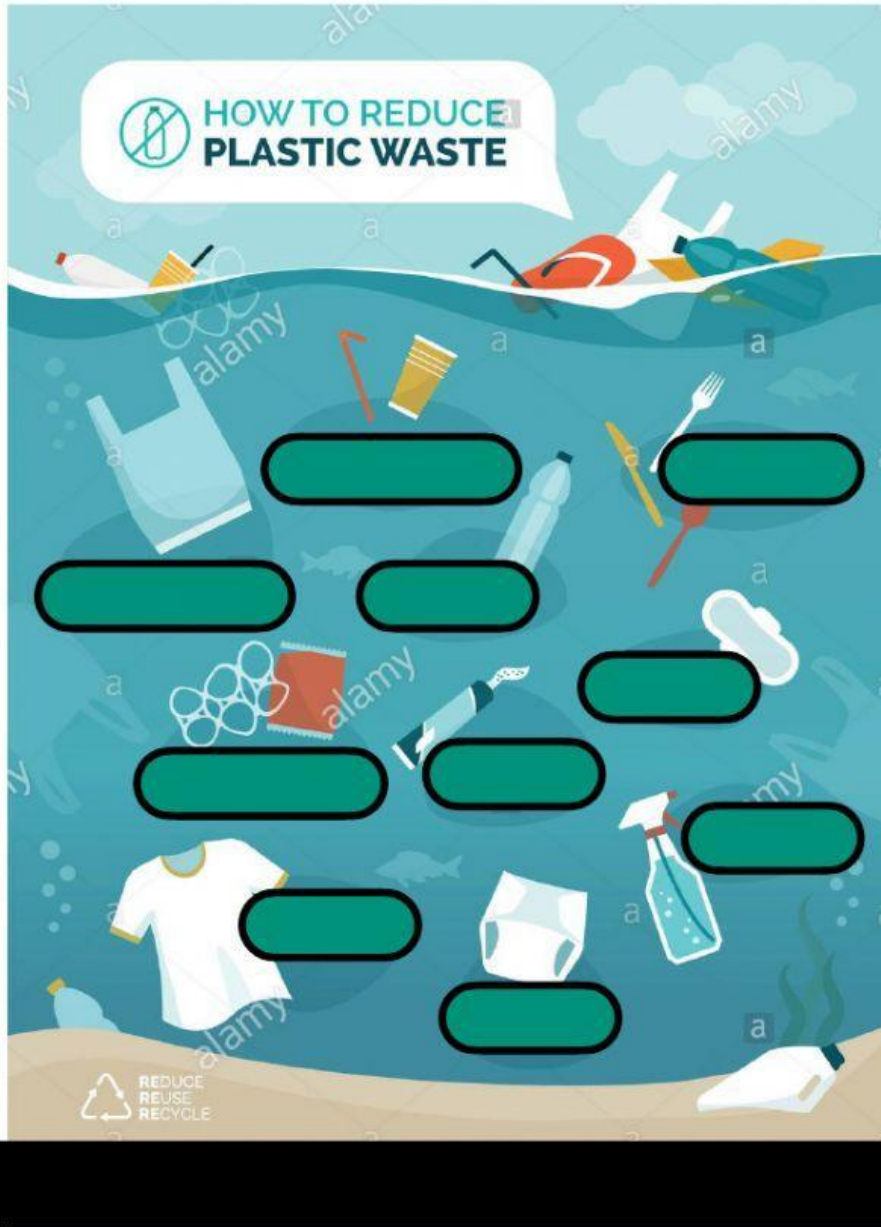




HOW TO REDUCE PLASTIC WASTE



say no to
disposable cups
and straws

choose reusable
shopping bags

do not use
disposable cutlery

choose plastic
free packaging

avoid cosmetic
products with
microplastics

avoid bottled
water

use cloth diapers

do not buy
synthetic clothing

use less detergents

choose reusable
pads