

Social Studies
Adolescent Development Worksheet

Instructions: Read each item carefully and match the term to the definition that **BEST** matches it.

Term	Definition
a) Moody	A strong interest and physical attraction to someone.
b) Hormones	The way you think and feel about someone or something.
c) Physical	The private areas of your body.
d) Emotional	The feelings that make you want to be close to someone.
e) Crush	The changes that have to do with your body.
f) Genitals	Swinging from one mood to another.
g) Growth spurt	Constantly thinking about someone you are attracted to.
h) Puberty	The chemical substance responsible for development of sexual characteristics.
i) Sexual attraction	The physical, emotional and hormonal changes between ages 12 - 16 years.
j) Sexual feelings	The rapid changes in height and weight that occur during adolescence.