

Name: \_\_\_\_\_

Grade: \_\_\_\_\_

Subject: Food & Nutrition

Date: \_\_\_\_\_

**Time Plan**

- 1) What is a Time Plan? (2 pts.)

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- 2) What are the five (5) various parts of a Time Plan? (5 pts.)

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- 3) What are six (6) points to remember when making a Time Plan? (6 pts.)

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- 4) What does Dovetailing mean? (2 pts.)

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- 5) The Plan of Action has three (3) main parts, what are they? (3 pts.)

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- 6) Time is broke down into slots or intervals or segments of what when completing the Order of Work? (1 pt.)

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- 7) All together how long is the cooking time for Bahamas Junior Examination (BJC) Practical session? (1 pt.)

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- 8) What are seven (7) tasks that can be carried out in the “Preparation Time” (1/2 hour)?  
(7 pts.)

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- 9) What three (3) tasks that must be done in time allotted for “Personal Preparation”?

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