

World English 1B

Unit 10 Vocabulary Practice

A Match the words to their definition

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|-------------------|---|
| 1. lifestyle | ☐ to sit or lie in the sun |
| 2. work out | ☐ without stress |
| 3. junk food | ☐ the way that you live |
| 4. sunbathe | ☐ unhealthy food like pizza or hamburgers |
| 5. mouth-watering | ☐ made in your own house |
| 6. homemade | ☐ exercise in a gym |
| 7. heartwarming | ☐ delicious |
| 8. stress-free | ☐ quality of what causes feelings of happiness |
| 9. overworked | ☐ having to work too much |
| 10. lifelong | ☐ lasting for the whole life |

B Choose the word in the box that best represents each picture.

in good shape

sunbathe

in bad shape

work out









C Chose the best adjective in unit 10 to complete the sentences below. The first letter is given to you.

This chocolate cupcake looks so m_____.



I only use h_____ vegetables in my recipes.

I want to live a s_____ life in the countryside.

