

YEAR 1 - SCIENCE

UNIT 5 - STAYING HEALTHY: CLEAN TEETH

ACTIVITY 1

Choose the correct answer.

1. Why do you need to brush your teeth?

To keep them dirty and unhealthy.	To keep them clean and unhealthy.	To keep them clean and healthy.
-----------------------------------	-----------------------------------	---------------------------------

2. When are the best time for you to brush your teeth?

In the afternoon and at night.	In the morning and afternoon.	In the morning and at night.
--------------------------------	-------------------------------	------------------------------

3. When do you need to brush your teeth?

After eating.	After playing.	After doing your homework.
---------------	----------------	----------------------------

ACTIVITY 2

Name the items below.



ACTIVITY 3

Drag and drop. Arrange the steps or sentences in the correct order.

Brush your tongue.

Brush the teeth at the front of your mouth.

Rinse your mouth with water.

Squeeze toothpaste on the toothbrush.

Brush the teeth at the back of your mouth.

STEP 1 	
STEP 2 	
STEP 3 	
STEP 4 	
STEP 5 	