

PAST SIMPLE AND CONTINUOUS WORKSHEET

1) Complete the table with the past simple form of the verbs:

Infinitive	Past Simple
carry	
come	
have	
hear	
move	
plan	
study	
win	

2) Read the sentences (1–8) about what different people were doing last night.

Complete the sentences with the past continuous form of the verbs in brackets.

1 I _____ (chat) to my friend Ali on my phone.

2 We _____ (learn) some new English words. We _____ (not do) a great job, though!

3 I was with my sister. We _____ (have) dinner and, for once, we _____ (not argue)!

4 It _____ (rain) and I _____ (stand) at the bus stop getting wet.

5 My brother _____ (tell) me about something but I _____ (not listen)!

6 My friend and I _____ (watch) a film. I _____ (not enjoy) it very much.

7 I _____ (talk) to my parents. They _____ (ask) me about my day.

8 I _____ (sleep). I fell asleep while I _____ (do) my homework!

3) Choose the correct words to complete the sentences.

1. While I lived / was living in Japan, I took / was taking Japanese lessons.

2. What were they talking / did they talk about when I came / was coming into the room?

3. Our host family didn't speak / weren't speaking to us in Spanish while we stayed / were staying with them.
4. When we arrived / were arriving, all the guests danced / were dancing.
5. I didn't use / wasn't using my phone while we travelled / were travelling.
6. She spoke / was speaking in a strange language, so I wasn't / wasn't being able to understand her.

4) Complete the conversation with the past simple or past continuous form of the verbs in brackets.

A: 1 _____ (you / take) a lot of study books or a travel guide with you on your language exchange?

B: No, I 2 _____ (not need) them. I just 3 _____ (put) my smartphone in my pocket. When I 4 _____ (study) and needed to look up a word, I 5 _____ (use) an online dictionary. When I 6 _____ (sightsee), my phone 7 _____ (become) both a map and a guidebook. And of course it was also my camera.

A: I see! So you 8 _____ (not have to) carry a heavy bag.

B: Exactly! My phone weighs next to nothing, so I 9 _____ (not get) tired while I 10 _____ (walk) around.