



2nd Quim

NAME:	GRADE: 7th	PROJECT: 5	WEEK: 3
DATE:	2021 - 2022		

FOOD CHOICES

READING:

- ✦ Read Samira's family planning for grocery shopping. Pay attention to the words in blue.

It is a good idea to make a list of what your family needs during the week; so, by the weekend, you know **how much** you have and **how many** items you need to buy before going to a supermarket or a store. It is important



to save money so choose shops that give you discounts or products on sale, and check **how much** you can save by comparing them.

Look for healthy items. At present, products have labels that permit you to identify **how much** fat, sugar or salt they contain?

GRAMMAR

HOW MANY?
For countable

HOW MUCH?
For Uncountable nouns

1. Practice the pronunciation and label the food, use the words from the word bank.

PEPPER - FISH - BANANA - FLOUR - CHEESE - POTATOE - LETTUCE - HONEY



BANANA





2. Complete the following questions by using words from the box. Use the example for helping you.

water	apples	milk	tomatoes	yogurt
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- a. How **much** _____ do you put to your coffee?
- b. How **many** _____ do you eat every day?
- c. How **much** water is recommended to drink in a day?
- d. How **much** _____ do you put to the cereal?
- e. How **many** _____ does your mom put to the salad?

3. Circle the health tips for staying healthy.

- a. Eating Late at Night.
- b. Consume less salt and sugar.
- c. Drink soda
- d. Don't smoke
- e. Be active and do exercises