



Week 17

English Mastery

Primary 1

The Write Tribe

UNIT 8 - PART B
P.E LESSON

PART 1

DATE: 14 MAY



VOCABULARY MCQ

1. Which word below has the same meaning as, '**having a good time**' ?
 - a. whale of a time
 - b. down in the dumps
 - c. green with envy
 - d. terminate

2. Which word below has the same meaning as, '**uniform**'?
 - a. jeans
 - b. terminate
 - c. rotate
 - d. attire

3. Which word has the same meaning as '**turn around the centre**' ?
 - a. extend
 - b. stretch
 - c. terminate
 - d. rotate

4. Which word has the same meaning as **straighten a part of your body**?
 - a. tremble
 - b. stretch
 - c. rotate
 - d. attire

5. What is the meaning of **sweating a lot**?
 - a. perspire profusely
 - b. legs turned to lead
 - c. frozen in terror
 - d. barely perspiring



6. Which word has the same meaning as **ending something**?

- a. terminate
- b. commence
- c. rotate
- d. begin

7. Which of the words below mean **very tired**?

- a. exhausted
- b. full of beans
- c. energetic
- d. elated

BONUS QUESTIONS

8. Which idioms below have the same meaning as **doing a good job**?

- a. on the ball
- b. let someone off the hook
- c. get your act together

9. Which idioms below have the same meaning as **making a joke on someone**?

- a. pull someone's leg
- b. No pain, no gain
- c. miss the boat

10. Which idioms below have the same meaning as **'calm down'**?

- a. get your act together
- b. pull yourself together
- c. so far so good



word/phrase	meaning
have a ball	
foreheads dotted with sweat	
sprint	
full of beans	
reluctantly	
readily	
elated	

a whale of a time		
willingly	perspire	run a short distance very fast
energetic	hesitant	very happy



a ball		
sprinted	dotted with sweat	full of beans
reluctantly	readily	elated

As soon as the clock struck nine, everyone in my class got excited. Why wouldn't we? It was time for P.E. lesson. That means, we are all going to have a whale of time! We 1. _____ changed into our P.E. attire and 2. _____ to the field in the speed of lightning. Our teacher, Ms Maha is our P.E. teacher. She is very enthusiastic and 3. _____. She always makes sure we have 4. _____!

The afternoon sun was so hot that our foreheads were 5. _____. However, we were way too excited to play dodgeball. My friend, Candice is a little timid and she 6. _____ picked the ball. "Candice, don't be scared. It will be fun!" I whispered. As soon as she threw the ball, she realized how much fun it is. Soon, she was playing enthusiastically. We didn't want our session to end. Alas! It was time to go. Nevertheless, we were feeling 7. _____ and looking forward to the next P.E. lesson with Ms Maha!

