

### Multiple-Choice Cloze

#### Practice 3

Read the text below and choose the **best** answer for each space.

Otters are found in every single continent in the world except for Australia (0) and Antarctica. They could be found (1) ..... rivers, streams, and lakes. They tend to stick to the shallow waters so that they can easily reach land when they are ready to.

They live in (2) ..... when the water is extremely cold. They have layers of hair on their bodies to keep them warm.

Otters like to live in bodies of water that are close to land (3) ..... wetlands with the forest close by. They can even be found in swamp and marsh areas. They stay well (4) ..... in these types of environments which makes them less likely to fall victim to a variety of predators on land and in water.

Otters (5) ..... burrows in the land around the water. They also live in dens that beavers may have left behind. Some of them like to make a nest from branches and twigs (6) ..... the rocky edges. Others are found digging burrows in the sandy shores. Otters are very (7) ..... of their little habitat. They don't tend to be territorial though when they are in the water. They (8) ..... their habitat on land by leaving their droppings behind.

Otters do travel great distances on land or in water but they always (9) ..... to their home range. Some assume that Otters migrate due to these types of movements. However, that is not true. One way to learn if there are Otters in the area is to survey the surrounding. In addition to the dens that are in the ground, they may be stockpiling things. They may have (10) ..... large mounds of dirt, gravel, sand, grass, and even mud.

(Source: <https://www.otters-world.com/otters-habitat/>)

0. A. and	B. so	C. or	D. either
1. A. above	B. round	C. around	D. opposite
2. A. regions	B. units	C. spaces	D. portions
3. A. rather	B. firstly	C. possibly	D. preferably
4. A. veiled	B. hidden	C. unseen	D. buried
5. A. craft	B. compose	C. make	D. produce
6. A. in	B. behind	C. beside	D. along
7. A. protective	B. shielding	C. keeping	D. caring
8. A. scratch	B. mark	C. dent	D. sign
9. A. arrive	B. revisit	C. return	D. revert
10. A. harvested	B. scattered	C. distributed	D. gathered

### Multiple-Choice Cloze

#### Practice 4

Read the text below and choose the **best** answer for each space.

Cycling is one of the best activities (0) to engage in as a pastime. Cycling can improve both physical and mental health. It can reduce the (1) ..... of experiencing many health problems.

For many people, it is (2) ..... to burn calories on a bike than on other activities. It is also an activity which is easy to do. Cycling does not (3) ..... high levels of physical skill. Most people know how to ride a bike and, once you learn, you don't forget. With only a good bicycle, head gear, kneepads, and elbow pads, anyone can cycle. It is a sport that you can do as intense as you want. It can be done (4) ..... very low intensity to begin with, if recovering from injury or illness. It can be built up to a demanding physical workout.

One of the health benefits of cycling is that your metabolism will increase. Cycling jump starts your metabolism, allowing you to burn more fat and calories. With (5) ..... increased metabolism, your body will start to burn more fat. This in turn helps you to (6) ..... muscle. Having more muscle gives you more energy and makes you stronger.

Cycling also helps to improve on your stamina. It (7) ..... important for your overall health that you increase your heart rate while exercising. Doing a kilometre or two will be a big boost to your health.

Cycling (8) ..... strength, balance and coordination. It may also help to prevent falls and fractures. Riding a bike is an ideal form of exercise (9) ..... it is a low-impact exercise that places little stress on joints.

(10) ..... fresh air as you go for a ride is a bonus for your health. With these benefits, cycling is a great activity that you can recommend to your friends and family.

0. A.to	B. if	C. so	D. on
1. A. stakes	B. fates	C. abilities	D. chances
2. A. harder	B. difficult	C. easier	D. calmer
3. A. require	B. allow	C. compel	D. force
4. A. on	B. at	C. for	D. near
5. A. a	B. an	C. the	D. -
6. A. join	B. shape	C. erect	D. build
7. A. is	B. am	C. was	D. weren't
8. A. mends	B. adjusts	C. improves	D. tweaks
9. A. or	B. and	C. because	D. although
10. A. Getting	B. Searching	C. Finding	D. Growing