Complete the paragraph with the words in the box.

shape and height	independence	self - aware
reasoning skills	embarrassed	informed

Adolescence is the period between childhood and young adulthood. Your body will change in (1)_____. Your brain will grow and you'll have improved self-control and (2) _____. Physical changes are different for everyone, so you don't need to feel (3) _____ or frustrated! You'll experience emotional changes as well. You'll feel you want more (4)_____ and responsibility. You may become more (5)_____and care about other people's opinions, especially those of your friends. But remember you'll need adult support and guidance to make(6) _____ decisions and overcome stress.

LIVEWORKSHEETS