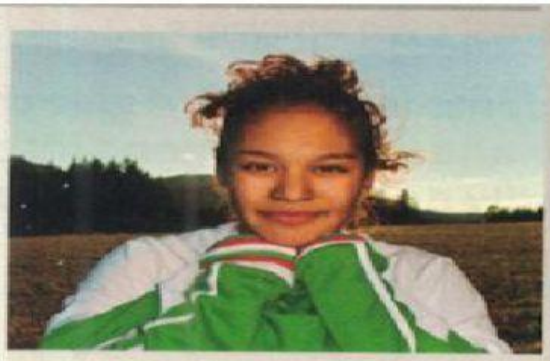
Emilia, rescue hero



Emilia Sampedro [1] *was sleeping* (sleep) soundly when her phone rang at 5am on a cold April morning. Her rescue team [2] ... (just / receive) a text message from a hiker called Karen Lomax. Ms Lomax needed help urgently. For Emilia, this was an exciting moment. She [3] ... (join) the Eagle Search and Rescue volunteer team in West Virginia only three months earlier, and at sixteen she [4] ... (be) one of their youngest members. After joining, she [5] ... (follow) a 60-hour training programme – but this emergency was the real thing!

Two hours later, Emilia [6] ... (slide) down the side of the mountain towards the injured woman. Ms Lomax [7] ... (lie) on a ledge 30m below her. She [8] ... (slip) while she was out hiking the previous evening.

Emilia examined her and soon [9] ... (realize) that the woman [10] ... (break) her leg. She [11] ... (tell) her teammates to send down a litter – a metal basket for carrying injured people. After they [12] ... (lower) the litter to her, Emilia [13] ... (lift) Ms Lomax into it. Her teammates then pulled the litter back up the side of the mountain using ropes.

Afterwards, the Eagle team leader [14] ... (praise) Emilia for keeping a cool head in a stressful situation: 'Emilia showed great courage today. She's a fantastic new colleague and a real hero.'

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LIVEWORKSHEETS