UNIT 2 - HEALTH

Skills 2 - Listening



2. Listen to the interview with an ironman. Tick (✔) the problems he had as a child.

	headache	
	toothache	
	stomachache	
	allergy	
	sick	

3. Listen to the interview again. What advice does he give about preparing for the event?

	Do more exercise	
	Eat more fruit/ vegetables	
	Sleep more	
	Eat less junk food	
	Watch less TV	

LIVEWORKSHEETS