

Healthy Food

1. **Drag**–and–**drop** healthy food on plate.



2. Type your answer in the blanks correctly.

1. Eating too much _____
foods can make your body
unhealthy.

energy

2. We eat at least _____ a
day.

oil

4. Chocolate and _____
are example of unhealthy
foods.

three

3. Pizza, doughnut and fried
chicken are unhealthy
because they have too
much _____.

candy

5. Foods give us the
_____ we need to
carry out our daily activities.

sweet