



English Test 5th Grade

OA: To demonstrate reading comprehension through a short text related to healthy habits and express preferences.

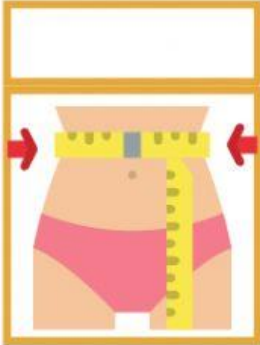
I. Match the words with the correct picture. (4 points)

Healthy Food

Diet

Well-balanced

Overweight



II. Classify food into Healthy or Unhealthy food. (10 points)

Burger

Soda

Apple

Tomato

Hot dog

Broccoli

Banana

Chips

Salad

Pizza



III. Read the text and do ITEMS III and IV.

Food Fight

Doctors in Chile are worried because Chilean teenagers eat lots of hot dogs, sweets and pizza. Most teenagers don't eat enough fruit or vegetables and more than one million Chilean school children are overweight.

Some teenagers say that they don't have time to eat good food.

Americans have the same problem with fast food because it was born there.

McDonald's, Pizza Hut and Burger king have restaurants all over the world.

A steady diet of burgers, fries and soda don't help your body with vitamins and minerals. You need to stay healthy. Fast food lacks many important nutrients.

Some parents are blaming the proliferation of fast food restaurants where people eat food with high-calories and low nutritional value.

Now doctors are giving young people books and games about a good diet.

Having a healthy and well-balanced diet can help you feel better and live longer.

III. Read the sentences and choose TRUE or FALSE. (6 points)

	TRUE	FALSE
a) Chilean teenagers eat a lot of fruit		
b) Some teenagers say that they don't have time to eat healthy food		
c) Argentinian people have the same problem		
d) Fast food was born in Chile		
e) McDonald's have restaurants all over the world		
f) Fruit and vegetables lack of important nutrients		

IV. Read the text again and write 3 VERBS and 3 NOUNS. (6 points)

VERBS	NOUNS

