

The Telegraph

Royal chef reveals the Queen's favourite meals

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Darren McGrady, a former royal chef, reveals that Her Majesty eats four meals a day, hates potatoes, loves jam pennies and likes gin and Dubonnet in the evening.



For breakfast she likes Cornflakes or Special K, with apricots, prunes or some macadamia nuts or strawberries. Sometimes she will have a boiled egg, or just toast and marmalade, with tea. The Queen usually eats breakfast alone at 9 am because the Duke of Edinburgh prefers to eat a little earlier at 8.30 am.

A typical lunch, served at 1pm, would be fish with spinach or courgettes. Then there would be afternoon tea of cakes, scones and sandwiches. Mr McGrady reveals her favourite cakes are honey and cream sponge, ginger, fruit and the chocolate biscuit cake.

In the evening "she'd normally have a gin and Dubonnet; one part gin and two parts Dubonnet," revealed Mr McGrady.

Then for dinner there would be fish or meat. For pudding, fresh fruit, particularly white peaches.

1. This document is ... ☐ a press article ☐ a poem ☐ a book extract ☐ a comic strip
from

2. The **author** is → It was published **on**

3. Find the following **vocabulary** in the text :

			
.....			
			
.....			
			
.....			
			
.....			

4. What are their **names**?



5. What do these times correspond to?

- the **Queen's breakfast**
- **lunch**
- the **Duke's breakfast**



6. Complete the grid with what the Queen **likes** / **loves** / **hates**.

♥	
♥ ♥	
✕ ✕	

7. Complete the grid with what she has for breakfast / lunch / dinner and in the afternoon.

In the morning	For lunch	In the afternoon	Dinner

8. Translate :

→ What's the English for "**avec**"?

→ What's the English for "**ou**"?

→ What's the English for "**seul**"?

9. Link (relie) the **quantity** the Queen has with the correct food/drink :

- | | |
|-------------|---------------------------|
| A ● | ● gin |
| Some ● | ● boiled (à la coque) egg |
| One part ● | ● Dubonnet |
| Two parts ● | ● macadamia nuts |