TEST 1

I. Find the word with different sound in the underline part in each line.

1. A. photo	B. pharmacist	C. Stephen	D. nephew
2. A. neighbor	B. rough	C. caught	D. weight
3. A. laugh	B. high	C. plough	D. although
4. A. actor	B. doctor	C. spot	D. calorie
5. A. limit	B. disease	C. village	D. provide

II. Choose A, B, C or D that best completes the sentences or substitutes for the underlined word or phrase.

6. Mary thinks she_____ flu. She feels weak and tired.
   A. buys B. gives C. has D. have
7. You should do exercise every morning and stop eating junk food because you are gaining weight.
   A. getting up B. waking up C. going out D. putting on
8. If you go out without wearing a hat, you will get _____.
   A. spots B. sunburn C. an allergy D. toothache
9. _____ is a bad habit.
   A. cleaning teeth B. washing face C. littering D. exercising
10. Jimmy thinks he has a flu because he keeps _____ and_____.
   A. sneezing/ coughing C. sneezing/ cough
   B. sneeze/ cough D. sneeze/ coughing
11. I will stay _____ home and play FiFa on my computer.
   A. at B. on C. with D. to
12. I like eating a large meal before sleeping so I'm putting _____ weight now.
   A. up B. at C. off D. on
13. You should take part _____ recreational activities
   A. to B. in C. for D. with
14. It is important _____ remember that dinner does not have to be the largest meal.
   A. to B. by C. on D. from
15. Each of us has a physical body made _____ muscles, blood, bones and various other living tissue.
   A. from B. on C. of D. in

III. Choose the correct answer to complete each of the sentences.

16. Eating less junk food helps you avoid _____ fatter.
   A. become B. becomes C. becoming D. to become

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17. _____ television too much is not good for your eyes.
A. Watches B. Watched C. Watch D. Watching
18. To make sure that flu cannot spread easily, try _____clean more.
A. to keep B. keeps C. keeping D. keeps
19. You should spend more time_____. You look so tired.
A. to sleep B. sleeping C. sleeps D. sleep
20. Sitting close to the TV _____ your eyes.
A. hurting B. hurts C. hurted D. hurt
21. You can avoid getting sunburn by _____ wearing a hat.
A. wearing B. to wear C. wears D. wear
22. You should try_____ your eyes. You play computer games too much.
A. to rest B. resting C. rest D. rests
23. Alice eats a lot, _____ she hardly does exercise.
A. and B. but C. or D. so
24. You should wash your face regularly, _____ your face will be full of acnes.
A. and B. but C. or D. so
25. He finds _____bad. His weight is increasing.
A. eats fruits C. eat junk food
B. eating fruits D. eating junk food

IV. Find a mistake in each sentence below

26. It is important to keep our body health.
A B C D
27. You yawn because your lung need more oxygen.
A B C D
28. People who smiles more are happier, and they live longer.
A B C D
29. Do you know that orange offer more health benefits than Vitamin C pills?
A B C D
30. We had waited since a while at the clinic before I got to see the doctor
A B C D

V. Read the text and choose the correct answer A, B, C or D for each of the gaps.

Keeping Fit

We all need _____(31)_____ exercise to keep fit. But if we study all day, we don't have time to run, swim, lift weights, or ____(32)_____ basketball. What can we do to stay ____(33)_____ shape?

One thing we could do is walk ____(34)_____ often. Walking is good exercise. Instead of going to school ____(35)____ car or bus, we could walk. During recess,

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we could go outside and stroll around before we go back to class. Instead of taking the elevator in buildings all the time, we could use the stairs.

Another important thing is to take ____(36)_____ from studying. If we sit at our desks or in front of a computer ____(37)_____a long time, we should stand up and stretch our arms and legs ____(38)_____ each hour. If we stand for a long time, we should sit down and stretch our backs.

These are just a ____(39)_____ways we can stay fit when we don't have a lot of time to exercise. Do you know some ____(40)_____ ways?

31. A. regularly	B. regular	C. irregular	D. irregularly
32. A. play	B. do	C. make	D. keep
33. A. at	B. to	C. in	D. for
34. A. least	B. most	C. less	D. more
35. A. by	B. on	C. in	D. at
36. A. absence	B. exercises	C. marks	D. breaks
37. A. since	B. about	C. for	D. with
38. A. one	B. once	C. none	D. no
39. A. some	B. little	C. few	D. any
40. A. others	B. other	C. another	D. any

VI. Choose the sentence which is closet in meaning to the sentence above.

41. *Lucy eats ices all day so she has a sore throat.*

A. Lucy likes eating ices because her throat is not hurt.

B. Lucy has a sore throat because she eats ices all day.

C. Lucy doesn't eat ices so she has a sore throat.

D. She has a sore throat so she eats ices all day.

42. *I am putting on weight because I eat a lot of hamburger, potato chips and candy.*

A. I am putting on weight because I eat a lot of fruits.

B. I eat a lot of hamburger, potato chips and candy but I am not putting on weight.

C. I eat a lot of hamburger, potato chips and candy so I am becoming fatter.

D. I doesn't eat hamburger, potato chips and candy so I am putting on weight.

43. *Sleeping helps you recover from a hard-working day.*

A. You work hard so you do not need to sleep.

B. Sleeping makes your work harder.

C. You had a hard-working day so you need to sleep to recovery.

D. Sleeping helps you recovery because you didn't work hard.

44. *You can avoid spreading flu by washing hands regularly.*

A. Washing hands regularly makes flu spreading.

B. Flu can spread because you wash hands regularly.

C. You can avoid spreading flu by keeping your hands dirty.

D. You should wash hands regularly or flu will spread quickly.

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