

1. Read the text.

**WILD CAMPING**

**Marco Adams @ MarcoGAdams • 5 h**  
I'm with Ollie. We're hiking in Scotland. Awesome view!

**Marco Adams @ MarcoGAdams • 3 h**  
We're looking for a place to sleep. There's an old building a few miles away, but it's getting dark. The beach looks good!

**Marco Adams @ MarcoGAdams • 2 h**  
We're putting up the tent. The waves are crashing onto the beach. Ollie's worried!

**Marco Adams @ MarcoGAdams • 1 h**  
Ollie's outside. I'm relaxing in my sleeping bag. Good night!

Wild camping is a popular outdoor activity in Britain. It means camping without the comforts of a campsite, like showers or shops. Everyone can enjoy wild camping - you just need a sleeping bag, a tent and some warm clothes. It's also a good idea to learn some basic survival skills: how to build a shelter, find food or purify water. It's very important to respect the natural environment. Don't build fires or chop down trees and always take away your rubbish.

Phoebe Smith is an expert wild camper. She often tweets or blogs about her adventures and is the author of a book about wild camping called *Extreme Sleeps*. She goes camping in all weather. She usually sleeps in a tent, but she also camps in caves or old buildings. And when the weather is good, she sometimes sleeps outside under the stars.

**WORD CHECK**

- put up (a tent)
- waves
- without

2. Read again and listen. Which survival skills are mentioned?

Build – Camp – Chop – Climb - Cook – Find – Fish – Hike – Look for – Sleep

3. Are the statements true or false?

- British people don't like camping.
- Marco and Ollie decide to camp in an old building.
- Ollie is excited about the waves.
- Only experts can go wild camping.
- Phoebe Smith never sleeps in a tent.

4. Read again. What 'dos' and 'don'ts' for wild camping are mentioned?

'Dos'	'Don'ts'