THE LOCOMOTOR SYSTEM

1. Fill in the gaps with the correct words.

The skeleton is made up of three parts: _____, which protects the joints and creates flexible structures; _____, which are hard and rigid organs that can be either short, long or flat; and _____, which are the union between two or more bones. The musculature is made up of muscles, which are responsible for movement, and _____, which attach muscles to bones.

joints | cartilage | bones | tendons

2. Choose the correct word.

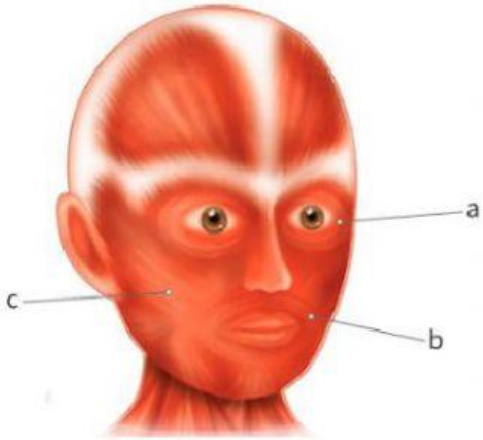
The musculature is made up of the set of muscles. They can be classified into three groups according to their shape.

_____ muscles, such as the biceps, are responsible for wide movements.

_____ muscles are responsible for short and powerful movements.

_____ muscles close openings when they contract.

3. Label the pictures with the correct names from the list: masseter, tibial, dorsal, buccinator, deltoid, orbicular, intercostal.



a) _____

b) _____

c) _____

LIVEWORKSHEETS

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4. Choose the correct word.

The [ ] is made up of vertebrae.

The rib cage is made up of ribs and the [ ].

The humerus makes up the [ ] arm.

The tibia and [ ] make up the lower leg.

The hip is made up of two [ ].

5. Choose the correct option to answer the questions.

a. The skeleton is made up of...

b. Which of the following are not muscle shapes?

c. Trunk muscles are classified into...

d. The facial bones are...

e. An example of cartilage is...

f. Which part of the body is in charge of moving our diaphragm when we breathe?

g. The bones in your feet are...

h. Which part of the skeleton is made up of the ribs and the sternum?

i. We can classify joints into three groups according to how they move:

j. Some examples of short and flat tendons are the ones that join...

LIVEWORKSHEETS