Task 2. Match the source of stress and pressure to the expression.



A. I'll never be good at Maths. I'm just too stupid.



B. 'I hate my voice. It's high one minute. low the next, then high again! What's the matter with it? AND the girls are making fun of me! I'm so embarrassed.'



C. 'I must get the highest score in this exam. I must be the best student in the class!'



D. 'I feel worried when I have to wait for the bus in that neighborhood after my evening class. It's so quiet and dark there.'



E. 'I have this big assignment to complete and I don't know where to start. It's too difficult!'



F. 'Why does he make me do all of his homework? It's not fair. And he says if I don't do it, he'll make my life difficult.'

1. school pressures and frustrations
2. physical changes
3. unsafe living environment
4. problems with classmates at school
5. negative feelings about
6. having too high expectations

LIVEWORKSHEETS