

THE LOCOMOTOR SYSTEM

1. Label the muscles.

sternocleidomastoid

masseter

trapezius

pectoral

femoral

intercostal



2. Complete the sentences with the correct word.

a) A muscle that stretches your leg is called .

b) Bones that form the wrist are called .

c) A muscle that helps you chew is called .

d) Muscles that help you breathe are called .

e) The nasal, the cheekbones and the jawbone are bones.

f) Muscles that open and close the eye are called .

carpal

facial

masseter

quadriceps

intercostal

orbicular

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3. Order the following sentences to explain muscle movement.

The bones return to their place.

When muscle cells contract, the muscle shortens.

When the muscle relaxes, it goes back to its original shape.

The muscle pulls the bones it is connected to.

4. Complete the sentences.

The muscle that raises the arm is called the | . The | connects your head and shoulders to your back.

The | muscles along with | muscles allow us to raise and turn our | .

5. Match

a) Bones is made up of muscles.
b) The skeleton protects our body.
c) Your musculature is made up of bones, cartilage and joints.
d) Muscles are responsible for movement.