Off-Grid Parents

A. Proper Nouns:

Ruth Langsford, Eamonn Holmes OBE, Adèle Allan, Matt Allan, Ulysses Allan, Star Allan, Costa Rica, Brighton by the Sea, Scarlet Fever, Chicken Pox

B. Vocabulary Words:

barefoot (to) birth (to) breast-feed (to) crop up eco-friendly to fast fever
nature (n) the nature (n) (to) overwhelm (to) shush ultimate unschooling upbringing

C. Phrases from the video which use the vocabulary words. Fill in the blanks with the correct form of the vocabulary words.

1. Adèle and Matt tell me about your _____ and how you guys got to the stage...

2. So you've done _____ which you did all-naturally...

3. The child was to _____ and they just take on fluids and they reject food.

4. Because I believe that bringing a _____ down artificially helps the body.

5. So, we do have a lot of access to _____, but we are clearly still in a city.

6. So, we love the kids to be _____, but they're not...

7. ... all the time because of _____ of being in the city.

8. I said that we're going to have her back to talk about life without shoes. So, it is amazing how things _____.

9. Ulysses who's five now ... he's still _____.

10. But if you did say to him, "Sit down" or "_____" or do you believe in that?

11. So he does struggle with getting _____ easily.

12. Education, we are taking the _____ route at the moment.

13. And you plan to take it much further. You plan to become more _____.

14. We do. Our _____ aim is to get out to Costa Rica and ...

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D. True / False Questions

1. The Allans believe in homeschooling their children and following the British national curriculum.

2. The Allans live in a large apartment in Brighton by the Sea.

3. The Allans gave birth to their children in a regular hospital.

4. Adèle's and Matt's parents lived conventional lives.

5. Matt's mother died from a heart attack.

6. Adèle believes that childhood diseases can be avoided by living the way that they live.

7. The host, Eamon, asked the Allans if they lived in a tent.

8. Adèle worries about the children being barefoot in the city.

9. According to Adèle, wearing shoes makes your feet stronger.

10. Adèle would never allow her children to go to a conventional school.

11. The Allans' ultimate aim is to live in a tree house in Costa Rica.

12. When it comes to medications and vaccinations, Adèle and Matt are only partially opposed, depending on the situation.

E. More difficult questions.

1. Both Adèle and Matt had fathers who died from _____. (2 words)

2. When Matt and Adèle decided to have a family, they really wanted it to be _____. (1 word)

3. It propels you into _____ exploring whether the conventional way is right and healthy. (1 word)

4. Adèle said that she and Matt really believe in supporting the body to _____.
(1 hyphenated word)

5. Gentile medicine, as Adèle called it, comes from _____ and the _____. (1 word each space)

6. Adèle believes that the fever is there for a purpose, to _____. (4 words)

7. The Allans live in a one-bed _____ with a _____. (1 word each space)

8. The children are not barefoot all of the time because of the nature of _____.
(4 words)

9. There is a lot of _____ about the age of when to stop breast-feeding. (1 word)

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10. When Ulysses is feeling a bit _____ is the time that he wants to breast-feed. (1 word)

11. What type of child is Ulysses? He is a _____ child in nature. (2 words)

12. How does Ulysses react to strong, authoritarian discipline? So, it's even more important for him not to have strong, authoritarian discipline because he _____ to it. (3 words)

13. Unschooling is home education, but it is _____. (1 word)

14. Whatever he is interested in we provide _____ for him to learn about at that time. (2 words)

15. Ulysses has got _____ of letters and numbers. (2 words)

16. Eamon said, "... and whatever, but it is your life. We're just _____ your life and how you guys are _____ it." (1 word each space)

F. Vocabulary Exercise. Try using the vocabulary words in the following sentences.

_____ 1. To abstain from food.

_____ 2. The world of living things and the outdoors.

_____ 3. The rearing and training received during childhood.

_____ 4. Without shoes or socks.

_____ 5. Used to express a demand for silence.

_____ 6. Nonharmful to the environment.

_____ 7. The act of bearing a child.

_____ 8. The fundamental character or disposition of a person.

_____ 9. To feed a baby the all-natural way.

_____ 10. To overpower the thoughts, emotions, or senses of.

_____ 11. The greatest extreme.

_____ 12. Abnormally high body temperature.

_____ 13. An informal learning that advocates learner-chosen activities as a primary means for learning.

_____ 14. To appear unexpectedly or occasionally.

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