HEALTH AND FAMILY LIFE

Traits



Traits are the physical characteristics or qualities (mental, emotional and social) that make a person special.

Traits can be inherited and acquired.

Inherited traits are passed on to individuals from their parents e.g. the ability to play a musical instrument, being great in sports, being good in a foreign language, etc.

Acquired traits are characteristics that people develop as a result of life experiences and engaging in activities over time. One might become a skilled player because they acquired an interest in the activity and practiced until they perfected it.

Individual interests, skills and talents make a person unique or different from others.

LIVEWORKSHEETS