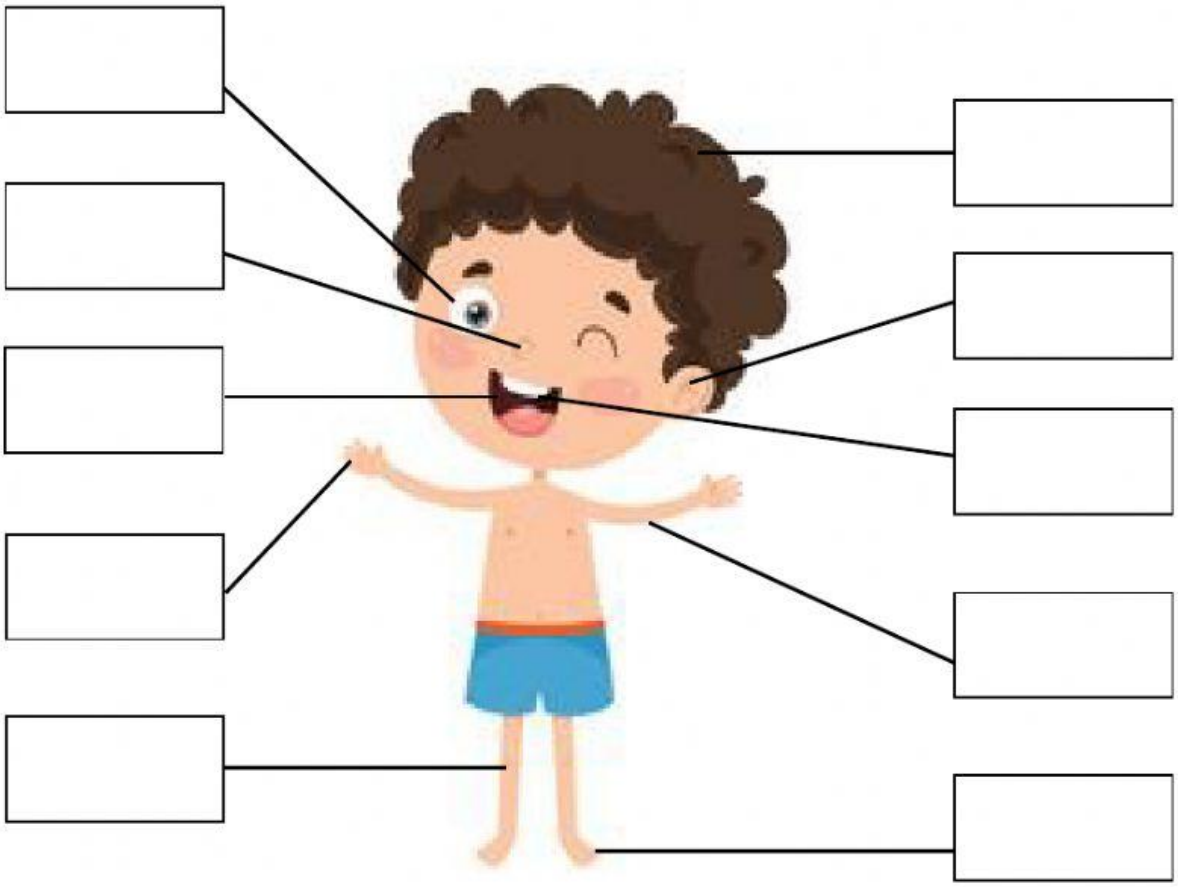
YEAR 1 – SCIENCE

UNIT 5 - STAYING HEALTHY

1. Label the body parts.

nose	hand	leg	ear	mouth
head	eye	teeth	arm	foot



LIVEWORKSHEETS

2. Match the pictures to the sentences correctly.

1.	•	•	I wash my face.
2.	•	•	I comb my hair.
3.	•	•	I take a shower.
4.	•	•	I brush my teeth.
5.	•	•	I wash my hands.

LIVEWORKSHEETS

3. Arrange the steps of hand washing in the correct order.

Palm to palm fingers interlaced.
Wash on wrists.
Wash thumb.
Dry hands thoroughly with a towel or tissue.
Rub palm to palm.
Rinse hands with water.
Wet your hands.
Rub back of fingers.
Wash fingernails.
Use foam or soap.

LIVEWORKSHEETS

STEP 1	
STEP 2	
STEP 3	
STEP 4	
STEP 5	
STEP 6	
STEP 7	
STEP 8	
STEP 9	
STEP 10	

LIVEWORKSHEETS