6) Listen again and tick the correct box. There are extra options you don't need to use.

- Which cultures does Mina refer to?

- [ ] VIETNAMESE
- [ ] AMERICAN
- [ ] RUSSIAN
- [ ] JAPANESE
- [ ] CHINESE

7) Listen again and complete with a word or short phrase.

## FOOD IS NOT JUST A DIET

a) Mina uses the word '_____' to show how she thinks of food as more than just its biological function.

b) In her work, Mina has noticed that our individual _____ affect our eating habits.

c) Mina now recognises the importance of our _____ in influencing our personal tastes.

d) Mina suggests that the food we use at festive rituals reinforces our _____.

e) Mina is unsurprised that migrant chefs had to adapt their recipes so that they satisfied the _____of the people in their adopted countries.

f) In her studies in China, Mina was disappointed to discover that _____ are disappearing.

LIVEWORKSHEETS