Class:

What can I do to stay healthy?

I. Tick the box ($\sqrt{}$): healthy or unhealthy









healthy

unhealthy

healthy

unhealthy

healthy

unhealthy

healthy

unhealthy

II. Tick the box ($\sqrt{}$): healthy or unhealthy









healthy

unhealthy

healthy

unhealthy

healthy

unhealthy

healthy

unhealthy

III. Look and tick (✓):



eat

drink



sleep drink



sleep

eat

