NAME:_____ DATE:_____

VITAMINS

Use the following video to help fill out the table. https://www.youtube.com/watch?v=1Q6diQ-YyxE **Put the vitamins in ALPHABETICAL ORDER.**

GOOD EYESIGHT		BLOOD DOES NOT CLOT
	RICKETS	
	SPINACH	STRONG BONES AND TEETH
		NIGHT-BLINDNESS
	BLOOD CLOTS QUICKLY	BROWN BREAD
SCURVY	HEALTHY NERVOUS SYSTEM	
	MUSCLE WEAKNESS	HEALTYH SKIN AND GUMS
HEALTHY RED BLOOD CELLS		BERI BERI

Drag the information to the correct spaces to complete the table below.

VITAMIN	SOURCES	USES	DEFICIENCY DISEASE

LIVEWORKSHEETS